CURRICULUM VITAE

**RONETTE L. KOLOTKIN, Ph.D.**

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**Present Position**

**Sole Proprietor, Quality of Life Consulting, PLLC** 7/2000 to present

Providing consulting, clinical, and scientific services to companies, hospitals, healthcare professionals, researchers, contract research organizations, community groups, and individuals. [www.qualityoflifeconsulting.com](http://www.qualityoflifeconsulting.com/)

**Current Academic Appointments**

**Consulting Professor, Duke University School of Medicine** 12/2009-present  
Department of Community & Family Medicine

**Professor (20% time)** 9/2012-present

Western Norway University of Applied Sciences, Førde, Norway

Center of Health Research, Førde Hospital Trust, Førde, Norway

Morbid Obesity Centre, Vestfold Hospital Trust, Tønsberg, Norway

**Past Academic Appointments**

**Consulting Associate Professor, Duke University Medical Center** 5/2004-11/2009

Department of Community & Family Medicine, 5/04-11/09

**Clinical Assistant Professor, Duke University Medical Center,** 3/1984-6/2000

Departments of Psychiatry and Community & Family Medicine

**Administrative Role**

Director, Behavioral Health Program, Duke University Diet & Fitness Center 1984-1999

**Clinical Activities**

Private practice 6/2000 to present

Rice Diet Program, psychoeducational groups, Durham, NC 2000-2014

Duke Diet and Fitness Center psychoeducational groups, Durham, NC 2011-2012

Diplomate in Psychotherapy (National Board of Cognitive Behavioral Therapists) 2000 to present

Duke University Diet and Fitness Center, all aspects of clinical treatment 1984-2000

**Licensure**

North Carolina Practicing Psychologist

**Education**

Trinity College, Hartford, CT B.A. in Psychology

University of Minnesota, Minneapolis, MN Ph.D. in Clinical Psychology

**PUBLICATIONS**

**Kolotkin**, R.L., Smolarz, B.G., Meincke, H.H., Fujioka, K. Improvements in health-related quality of life over 3 years with liraglutide 3.0 mg compared with placebo in participants with overweight or obesity. Clinical Obesity, 8, 1–10, February 2018.

**Kolotkin**, R.L., Ervin, C.M., Meincke, H.H., Højbjerre L., Fehnel, S.E. Development of a clinical trials version of the Impact of Weight on Quality of Life-Lite questionnaire (IWQOL-Lite Clinical Trials Version): Results from two qualitative studies. Clinical Obesity, 2017, 2017 May 22. doi: 10.1111/cob.12197.

**Kolotkin**, R. L. and Andersen, J. R. A systematic review of reviews: exploring the relationship between obesity, weight loss and health-related quality of life. Clinical Obesity, 2017. [doi:10.1111/cob.12203](http://onlinelibrary.wiley.com/doi/10.1111/cob.12203/full)

Adams, T.D., Davidson, L.E., Litwin, S.E., Kim, J., **Kolotkin**, R.L., Nazeem Nanjee, M., Gutierrez, J., Frogley, S.J., Ibele, A.R., Brinton, E.A., Hopkins, P.N., McKinlay, R., Simper, S.C., Hunt, S.C. Weight and metabolic outcomes 12 Years after gastric bypass. New England Journal of Medicine, 2017, 377:1143-55.

Kaplan, L.M., Golden, A, Jinnett, K, **Kolotkin**, R.L., Kyle, T.K., Look, M., Nadglowski, J., O'Neil, P.M., Parry, T., Tomaszewski, K.J., Stevenin, B., Lilleøre, S.K., Dhurandhar, N.V. Perceptions of barriers to effective obesity care: Results from the National ACTION Study. Obesity, 2017, doi:10.1002/oby.22054

**Kolotkin**, R.L., Crosby, R.D., Wang, Z-J. Health-related quality of life in randomized controlled trials of lorcaserin for obesity management: what mediates improvement? Clinical Obesity, 2017, 7(6): 347–353.

Mason, T.B, Crosby, R.D., **Kolotkin**, R.L., Grilo, C.M., Mitchell, J.E., Wonderlich, S.A., Crow, S.J., Peterson, C.B. Predictors of weight-related quality of life among individuals with binge eating disorder before and after cognitive behavioral therapy. Eating Behaviors. doi.org/10.1016/j.eatbeh.2017.08.001

Svanevik, M., Risstad, H., Karlsen, T.I., Kristinsson, J.A., Småstuen, M.C., **Kolotkin**, R.L., Søvik, T.T., Sandbu, R., Mala, T., Hjelmesæth, J .Patient-Reported Outcome Measures 2 Years After Standard and Distal Gastric Bypass—a Double-Blind Randomized Controlled Trial. Obesity Surgery, 2017. 10.1007/s11695-017-2891-3

Flølo, T.N., Andersen,J.R., **Kolotkin**, R.L., Aasprang, A.,Natvig, G.K., Hufthammer, K.O., Våge, V. Five-year outcomes after vertical sleeve gastrectomy for severe obesity. A prospective cohort study. Obesity Surgery, 2017, 27(8), 1944-1951.

Andersen, J.R., Natvig, G.K., Aadland, E., Moe, V.F., **Kolotkin**, R.L., Anderssen, S.A., Resaland, G.K. Associations between health-related quality of life, cardiorespiratory fitness, muscle strength, physical activity and waist circumference in 10-year old children: The ASK study. Quality of Life Research, 2017, 26, (12), 3421–3428.

**Kolotkin**, R.L., Gadde, K.M., Peterson, C.A., Crosby, R.D. Health-related quality of life in two randomized controlled trials of phentermine/topiramate for obesity: what mediates improvement? Quality of Life Research, 2016; 25 (5): 1237-1244.

**Kolotkin**, R.L., Fujioka, K., Wolden, M.L., Brett, J., Bjørner, J.B. Improvements in health-related quality of life with liraglutide compared with placebo in weight management. Clinical Obesity, 2016; 6: 233-242.

Steffen, K.J., King, W.C., White, G.E., Subak, L.L., Mitchell, J.E., Courcoulas, A.P., Flum, D. R., Strain, G., Sarwer, D. B., **Kolotkin**, R.L., Pories, W., Huang, A. Sexual functioning of men and women with severe obesity prior to bariatric surgery. Surgery for Obesity and Related Diseases, 2017: 13(2): 334-343.

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**Kolotkin**, R.L. Chen, S., Klassen, P., Gilder, K., Greenway, F. Patient-reported quality of life in a randomized, placebo-controlled trial of naltrexone/bupropion for obesity. Clinical Obesity, 2015; 5(5): 237-44.

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Jepsen, R., Aadland, E., Robertson, L., **Kolotkin**, R.L., Andersen, J.R., Natvig, G.K. Physical activity and quality of life in severely obese adults during a two-year lifestyle intervention programme. Journal of Obesity, 2015 Jan 13. doi: 10.1155/2015/314194.

Andersen, J. R., Aasprang, A., Karlsen, T-I, Natvig, G.K., Våge, V., **Kolotkin**, R.L. Health-related quality of life after bariatric surgery: a systematic review of prospective long-term studies. Surgery for Obesity and Related Diseases, 2015, 11:466–473.

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Yancy, W.S., Coffman, C.J., Geiselman, P.J., **Kolotkin**, R.L., Almirall, D., Oddone, E.Z., Mayer, S.B., Gaillard, L.A., Turner, M., Smith, V.A., Voils, C.I. Considering Patient Diet Preference to Optimize Weight Loss: Design Considerations of a Randomized Trial Investigating the Impact of Choice. Contemporary Clinical Trials, 35, 2013, 106-116.

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**Kolotkin**, R.L., Lamonte, M.J., Walker, J.M., Cloward, T.V., Davidson, L.E., Crosby, R.D. Predicting sleep apnea in bariatric surgery patients. Surgery for obesity and related diseases: official journal of the American Society for Bariatric Surgery, 2011, 7, 605-10.

Cox, T.L., Ard, J.D., Beasley, T.M., Fernandez, J.R., Howard, V.J., **Kolotkin**, R.L., Crosby, R.D., Affuso, O. Examining the association between body mass index and weight related quality of life in black and white women. Applied Research in Quality of Life, 2012, 7, 309-322.

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Adams, T.D., Pendleton, R., Strong, M., **Kolotkin**, R.L., Walker, J., Litwin, S., Berjaoui, W., LaMonte, M.J., Cloward, T., Avelar, E., Owan, T., Nuttall, R.T., Gress, R.E., Crosby, R.D., Hopkins, P., Brinton E.A., Rosamond, W., Wiebke, G., Yanowitz, F.G., Farney, R.R., Halverson, C., Simper, S.C., Smith, S.C., Hunt, S.C. Health outcomes of gastric bypass patients compared to nonsurgical, nonintervened severely obese. Obesity (Silver Spring), 2010, 18, 121-130.

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**Kolotkin**, R.L., Crosby, R.D., Gress, R.E., Hunt, S., Adams, T. Two-year changes in health-related quality of life in gastric bypass patients compared with severely obese controls. Surgery for Obesity and Related Diseases, 2009, 5, 250-256.

Hammoud, A., Gibson, M., Hunt, S.C., Adams, T.D., Carrell, D.T., **Kolotkin**, R.L., Meikle, A.W. Effect of Roux-en-Y gastric bypass surgery on the reproductive hormones and sexual quality of life in obese men. The Journal of Clinical Endocrinology & Metabolism, 2009, 94, 1329-1332.

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**Kolotkin**, R.L., Binks, M.B., Crosby, R.D., Østbye, T., Gress, R.E., Adams, T.D.. Obesity and sexual quality of life. Obesity, 2006, 14, 472-479.

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**PAPERS IN REVIEW OR PREPARATION**

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Steffen, K.J., King, W.C., White, G.E., Subak, L.L., Mitchell, J.E., Courcoulas, A.P., Flum, D. R., Strain, G., Sarwer, D. B., **Kolotkin**, R.L., Pories, W.J., Huang, A. Change in sexual functioning in men and women following bariatric surgery: five year follow-up. Manuscript in review.

Lorentzen, J, Seip, B, Hjelmesæth, J, Medhus, AW, Hertel, JK, Karlsen, T-I, **Kolotkin**, RL, Sandbu, R, Hofsø, D, Svanevik, M, Sifrim, D. Diagnostic accuracy of the GerdQ questionnaire in the assessment of erosive esophagitis in patients preparing for bariatric surgery. Manuscript in preparation.

Mason, T.B., **Kolotkin**, R.L., Crosby, R.D., Strain, S., Yanovski, S., Flum, D.R., Pories, W.J., Courcoulas, A.P., Wolfe, B., Pomp, A., Belle, S.H., Mitchell, J.E. Associations Between Facets of Weight-related Quality of Life and Maladaptive Health Behaviors Before and After Bariatric Surgery. Manuscript in preparation.

**CHAPTERS IN BOOKS**

Andersen, J.R., Karlsen, T.-I., **Kolotkin**, R.L. Obesity and its Impact upon Quality of Life. In G.E. Mullin, L.J. Cheskin, L.E Matarese (eds.), Integrative Weight Management, Springer Publishing, 2014.

**Kolotkin**, R.L., Health-related quality of life in severely obese individuals. In M. Deitel, M. Gagner, J.B. Dixon, J.Himpens, and A.K.Madan (eds.), Handbook of Obesity Surgery, Toronto: FD-Communications, Inc, 2010.

**Kolotkin**, R.L., Haaz, S., Fontaine, K.R. Assessment of health-related quality of life in obesity and eating disorders. In D.B. Allison and M.L. Baskin (eds.), Handbook of Assessment Methods for Eating Behaviors and Weight Related Problems, 2nd edition. Thousand Oaks, CA: Sage Publications, Inc., 2009.

**Kolotkin**, RL, Crosby, RD, Williams, GR. Quality of life: relationship to obesity. In G. Medeiros-Neto, A. Halpern, C. Bouchard (eds.), Progress in Obesity Research: 9. London: John Libbey & Co. Ltd, London, UK, 2002.

**Kolotkin**, R.L., Head, S.B., & Hamilton, M. Assessing impact of weight on quality of life. In T.B. Van Itallie & A.P. Simopoulos (eds.), Obesity: New Directions in Assessment & Management. Philadelphia: The Charles Press, 1995.

**BOOKS**

Hamilton, M.A., **Kolotkin**, R.L., Cogburn, D., and Moore, D.T. The Duke University Medical Center Book of Diet & Fitness, Fawcett Columbine, 1990.

**SELECTED ABSTRACTS PUBLISHED**

Kolotkin, R.L., Brett, J., Meincke, H., Bjorner, J. The effect of liraglutide 3.0 mg for weight management on HRQOL, as measured by SF-36: 3-year data. Endocrine Practice*.* 2016;22 (Suppl 2):158-9 (Abstract 723).

Kolotkin, R.L., Andersen, J.R., Zeller, M.H., Noordam, H., Rutter, H. Translating health-related quality of life (HRQOL) research into clinical practice for adults and youth. Obesity Facts, 9, (supplement 1), June 2016, 29.

Kolotkin, R.L., Shapiro Manning, L., Meinke, H.H., Bjorner J. Improvements in Impact of Weight on Quality of Life-Lite (IWQOL-Lite) with Liraglutide 3.0 mg (LIRA) vs. Placebo (PBO) for Weight Management: 3-Year Data. Diabetes, 2016, 65 (supplement 1): A69.

Golden, A., Kaplan, L.M., O’Neil, P., Nadglowski, J., Kyle, T., Kolotkin, R.L., Look, M. Lum, C., Donsmark, M., Dhurandhar, N. Divergence of patient and clinician perceptions of obesity and weight management. Obesity Facts, 9, (supplement 1), June 2016, 268.

Kolotkin, R.L., Smolarz G, Meincke H.H., Bjørner, J.B. Improvement in SF-36-derived health utility score with liraglutide 3.0 mg versus placebo over 3 years in prediabetes. Value in Health, 19(3):A251; April 2016. DOI: 10.1016/j.jval.2016.03.996

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Kolotkin R.L., Burns C., Walsh B., Klassen P. Combination Naltrexone/Bupropion Therapy Resulted in Clinically Meaningful Improvements in Weight and Quality of Life – Integrated Analysis of Four Phase 3 Trials. Diabetes, 2013; 62 (suppl 1).

Kolotkin, R.L., Gadde, K., Peterson, C. Quality of life improvements and related to the magnitude of weight loss with controlled-release phentermine/topiramate (PHN/TPM CR) in obese patients. Obesity Facts, 2012 (Supp.1), 208.

SELECTED SCIENTIFIC PRESENTATIONS

Kolotkin, R.L., Andersen, J.R., Zeller, M.H., Noordam, H., Rutter, H. Translating health-related quality of life (HRQOL) research into clinical practice for adults and youth. Symposium presented at the European Obesity Summit (EOS) Joint Congress of EASO and IFSO-EC, Gothenburg, Sweden, June 1-4, 2016.

Kolotkin, R.L., Shapiro Manning, L., Meinke, H.H., Bjorner J. Improvements in Impact of Weight on Quality of Life-Lite (IWQOL-Lite) with Liraglutide 3.0 mg (LIRA) vs. Placebo (PBO) for Weight Management: 3-Year Data. Oral presentation at the 76th annual meeting of the American Diabetes Association, New Orleans, LA, June 12, 2016.

Kolotkin, R.L., Fujioka, K., Wolden, M.L., Brett, J., Bjørner, J.B Improvements in health-related quality of life with liraglutide 3.0 mg compared with placebo for weight management. Poster resented at the 24th Annual Scientific and Clinical Congress (AACE), 13–17 May 2015, Nashville, Tennessee.

Yancy WS, Coffman, CJ, Smith, VA, Mayer, SB, Kolotkin, RK, Geiselman, P, McVay, MA, Oddone, EZ, Voils, CI. Improving Weight Loss: Is it a Matter of (Diet) Choice? Obesity Week, November 2-7, 2014, Boston, MA.

Yancy, WS, Coffman, CJ, Smith, VA, Mayer, SB, Kolotkin, RK, Geiselman, P, McVay, MA, Oddone, EZ, Voils, CI. Allowing Patient Choice Between Two Diverse Diets Did Not Improve Weight Loss. Society of General Internal Medicine, 2014, San Diego, CA.

Yancy WS, Smith VA, Coffman CJ, Mayer SB, McVay MA, Geiselman PJ, Kolotkin R, Oddone EZ, Voils CI. Characteristics of dieters choosing either a low carbohydrate or low fat diet in a randomized trial examining the impact of choice on weight loss. Obesity Week, November 11-16, 2013, Atlanta, GA.

Kolotkin R.L., Burns C., Walsh B., Klassen P. Combination Naltrexone/Bupropion Therapy Resulted in Clinically Meaningful Improvements in Weight and Quality of Life – Integrated Analysis of Four Phase 3 Trials. Guided Audio Poster, American Diabetes Association, Chicago, IL, June, 2013.

Kolotkin, R.L., Gadde, K., Peterson, C. Quality of Life Improvements Are Related to the Magnitude of Weight Loss With Controlled-Release Phentermine/Topiramate (PHEN/TPM CR) in Obese Patients. European Congress on Obesity, Lyon, France, May, 2012.

**INVITED PRESENTATIONS**

Kolotkin, R.L., Measuring Quality Of Life in Children and Adolescents with Overweight or Obesity - The State of the Art, Bergen Obesity Days, October, 2015, Bergen, Norway.

Kolotkin, R.L., Does weight loss improve long term health-related quality of life - bariatric surgery vs. intensive lifestyle intervention? 10 Year Anniversary Symposium for the Morbid Obesity Center, Vestfold Hospital Trust, Tønsberg, November 14-15 2014 Larvik, Norway.

Kolotkin, R.L. Assessing the impact of obesity on quality of life, Symposium on Integrated Strategies for Weight Management (Astrup, A., Chair), International Congress on Obesity, Kuala Lumpur, Malaysia, March, 2014.

Kolotkin, R.L. Obesity and health-related quality of life, Obesity and Mental Health Conference, Toronto, Canada, June, 2012

Kolotkin, R.L. Obesity and health-related quality of life, Conference on Obesity and Quality of Life Outcomes, Balestrand, Norway, June, 2012

Kolotkin, R.L., Obesity and health-related quality of life, Alli Physician Meeting for Glaxo Smith Kline, Istanbul, Turkey, 2011

Kolotkin, R.L., Obesity and health-related quality of life, Conference on Obesity and Diabetes, Istanbul, Turkey, 2010

Kolotkin, R.L. Obesity and health-related quality of life in bariatric surgery, Department of Weight Loss Surgery Minimally Invasive Surgery Center, Yotsuya Medical Cube, Tokyo, Japan, 2009

Kolotkin, R.L. Obesity and health-related quality of life, Tokyo English Life Life (TELL), Tokyo, Japan, 2009

Kolotkin, R.L. Another Look at obesity and health-related quality of life, Queen Elizabeth Hospital, Bridgetown, Barbados, 2009

Kolotkin, R.L. Obesity and health-related quality of life, Queen Elizabeth Hospital, Bridgetown, Barbados, 2008

Kolotkin, R.L. Obesity and health-related quality of life, University of Auckland, Auckland, New Zealand, 2006

Kolotkin, R.L. Obesity and health-related quality of life, University of Otago, Dunedin, New Zealand, 2006

Kolotkin, R.L. Morbid obesity and quality of life, Continuing Medical Education, Mc Master University, Hamilton, Canada, 2005.

Kolotkin, R.L. Obesity, hunger, fullness, cravings, and weight loss expectations. Oxford Outcomes, London, UK, 2005.

Kolotkin, R.L. Obesity and health-related quality of life (HRQOL), Huddinge University Hospital, Stockholm, Sweden, 2003

Kolotkin, RL. Quality of Life: Relationship to obesity. Invited talk at the 9th International Congress on Obesity, Sao Paulo, Brazil, August, 2002.

**PROFESSIONAL ORGANIZATIONS**

The Obesity Society (Fellow)

International Society for the Study of Quality of Life

International Society for Pharmacoeconomics and Outcomes Research

American Society for Metabolic and Bariatric Surgery

American Psychological Association

North Carolina Psychological Association

**GRANTS**

Consultant on R01 DK055006-06A1 (Steven C. Hunt, PI), NIDDK (Morbidity and Mortality Related to Gastric Bypass Surgery), 2000-2015

Consultant on Department of Veteran Affairs NCT01152359 (William S. Yancy, PI), (Considering Patient Diet Preferences to Optimize Weight Loss: Diet Choice), 2000-2014

**NIH WORKING GROUPS**

Longitudinal Assessment of Bariatric Surgery (LABS) Working Group on Quality of Life—December 2003-2005

Longitudinal Assessment of Bariatric Surgery (LABS) Working Group on Behavior—December 2003-2005

Longitudinal Assessment of Bariatric Surgery (LABS) Working Groups on Sexual Function—December 2011- present

**JOURNAL REVIEW**

JAMA, Obesity, Quality of Life Research, International Journal of Eating Disorders, Disease Management and Health Outcomes, Journal of Clinical Epidemiology, American Journal of Preventive Medicine, Journal of Consulting and Clinical Psychology, Clinical Obesity, Obesity Surgery, Surgery for Obesity and Related Diseases, Obesity Reviews, Current Medical Research & Opinion, The Journal of Pediatrics, Psychology of Addictive Behaviors, Medical Anthropology Quarterly, Journal of Psychosomatic Research, European Journal of Psychiatry, Journal of Women’s Health, Journal of Sexual Medicine, Women’s Health Issues, Journal of Obesity

**EDITORIAL BOARD**

Associate Editor, Obesity Surgery, 11/05-12/11.

Editorial Board, Obesity Surgery, 12/04-11/05.

**Doctoral Dissertation Opponent**

January 2016, served as doctoral dissertation opponent at University of Copenhagen for Cathrine Lawaetz Wimmelmann.

December 2003, served as doctoral dissertation opponent at the University of Gothenburg for Anna Rydén, doctoral student under Marianne Sullivan, of the Swedish Obese Subjects studies.

**Clinical Advisor**

Foundation for Informed Medical Decision- Making, 2004-present