

## CURRICULUM VITAE

### RONETTE L. KOLOTKIN, Ph.D.

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#### PRESENT POSITION

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**Sole Proprietor, Quality of Life Consulting, PLLC** 7/2000 to present  
Providing consulting, clinical, and scientific services to companies, hospitals, healthcare professionals, researchers, contract research organizations, community groups, and individuals.  
[www.qualityoflifeconsulting.com](http://www.qualityoflifeconsulting.com)

#### CURRENT ACADEMIC APPOINTMENTS

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**Consulting Professor, Duke University School of Medicine** 12/2009-present  
Department of Community & Family Medicine

**Professor (20% time)** 9/2012-present  
Western Norway University of Applied Sciences, Førde, Norway  
Center of Health Research, Førde Hospital Trust, Førde, Norway  
Morbid Obesity Centre, Vestfold Hospital Trust, Tønsberg, Norway

#### PAST ACADEMIC APPOINTMENTS

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**Consulting Associate Professor, Duke University Medical Center** 5/2004-11/2009  
Department of Community & Family Medicine, 5/04-11/09

**Clinical Assistant Professor, Duke University Medical Center,** 3/1984-6/2000  
Departments of Psychiatry and Community & Family Medicine

#### ADMINISTRATIVE ROLE

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Director, Behavioral Health Program, Duke University Diet & Fitness Center 1984-1999

#### CLINICAL ACTIVITIES

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Private practice 6/2000 to present  
Rice Diet Program, psychoeducational groups, Durham, NC 2000-2014  
Duke Diet and Fitness Center psychoeducational groups, Durham, NC 2011-2012  
Diplomate in Psychotherapy (National Board of Cognitive Behavioral Therapists) 2000 to present  
Duke University Diet and Fitness Center, all aspects of clinical treatment 1984-2000

#### LICENSURE

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North Carolina Practicing Psychologist

## EDUCATION

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Trinity College, Hartford, CT  
University of Minnesota, Minneapolis, MN

B.A. in Psychology  
Ph.D. in Clinical Psychology

## PUBLICATIONS

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**Kolotkin, R.L., Ervin, C.M., Meincke, H.H., Højbjerg L., Fehnel, S.E.** Development of a clinical trials version of the Impact of Weight on Quality of Life-Lite questionnaire (IWQOL-Lite Clinical Trials Version): Results from two qualitative studies. *Clinical Obesity*, 2017, 2017 May 22. doi: 10.1111/cob.12197.

**Kolotkin, R. L. and Andersen, J. R.** A systematic review of reviews: exploring the relationship between obesity, weight loss and health-related quality of life. *Clinical Obesity*, 2017. doi:10.1111/cob.12203

Adams, T.D., Davidson, L.E., Litwin, S.E., Kim, J., **Kolotkin, R.L.**, Nazeem Nanjee, M., Gutierrez, J., Frogley, S.J., Ibele, A.R., Brinton, E.A., Hopkins, P.N., McKinlay, R., Simper, S.C., Hunt, S.C. Weight and metabolic outcomes 12 Years after gastric bypass. *New England Journal of Medicine*, 2017, 377:1143-55.

Kaplan, L.M., Golden, A, Jinnett, K, **Kolotkin, R.L.**, Kyle, T.K., Look, M., Nadglowski, J., O'Neil, P.M., Parry, T., Tomaszewski, K.J., Stevenin, B., Lilleøre, S.K., Dhurandhar, N.V. Perceptions of barriers to effective obesity care: Results from the National ACTION Study. *Obesity*, 2017, doi:10.1002/oby.22054

**Kolotkin, R.L., Crosby, R.D., Wang, Z-J.** Health-related quality of life in randomized controlled trials of lorcaserin for obesity management: what mediates improvement? *Clinical Obesity*, 2017, 7(6): 347–353.

**Kolotkin, R.L., Smolarz, B.G., Meincke, H.H., Fujioka, K.** Improvements in health-related quality of life over 3 years with liraglutide 3.0 mg compared with placebo in participants with overweight or obesity. *Clinical Obesity*, 2017, doi: 10.1111/cob.12226.

Mason, T.B, Crosby, R.D., **Kolotkin, R.L.**, Grilo, C.M., Mitchell, J.E., Wonderlich, S.A., Crow, S.J., Peterson, C.B. Predictors of weight-related quality of life among individuals with binge eating disorder before and after cognitive behavioral therapy. *Eating Behaviors*. doi.org/10.1016/j.eatbeh.2017.08.001

Svanevik, M., Rissstad, H., Karlsen, T.I., Kristinsson, J.A., Småstuen, M.C., **Kolotkin, R.L.**, Søvik, T.T., Sandbu, R., Mala, T., Hjelmæsæth, J. Patient-Reported Outcome Measures 2 Years After Standard and Distal Gastric Bypass—a Double-Blind Randomized Controlled Trial. *Obesity Surgery*, 2017. 10.1007/s11695-017-2891-3

Flølo, T.N., Andersen, J.R., **Kolotkin, R.L.**, Aasprang, A., Natvig, G.K., Hufthammer, K.O., Våge, V. Five-year outcomes after vertical sleeve gastrectomy for severe obesity. A prospective cohort study. *Obesity Surgery*, 2017, 27(8), 1944-1951.

Andersen, J.R., Natvig, G.K., Aadland, E., Moe, V.F., **Kolotkin, R.L.**, Anderssen, S.A., Resaland, G.K. Associations between health-related quality of life, cardiorespiratory fitness, muscle strength, physical activity and waist circumference in 10-year old children: The ASK study. *Quality of Life Research*, 2017, 26, (12), 3421–3428.

**Kolotkin, R.L.,** Gadde, K.M., Peterson, C.A., Crosby, R.D. Health-related quality of life in two randomized controlled trials of phentermine/topiramate for obesity: what mediates improvement? Quality of Life Research, 2016; 25 (5): 1237-1244.

**Kolotkin, R.L.,** Fujioka, K., Wolden, M.L., Brett, J., Bjørner, J.B. Improvements in health-related quality of life with liraglutide compared with placebo in weight management. Clinical Obesity, 2016; 6: 233-242.

Steffen, K.J., King, W.C., White, G.E., Subak, L.L., Mitchell, J.E., Courcoulas, A.P., Flum, D. R., Strain, G., Sarwer, D. B., **Kolotkin, R.L.,** Pories, W., Huang, A. Sexual functioning of men and women with severe obesity prior to bariatric surgery. Surgery for Obesity and Related Diseases, 2017: 13(2): 334-343.

Aasprang, A., Andersen, J.R., Våge, V., **Kolotkin, R.L.,** Natvig G.K. Ten-year Changes in health-related quality of life after biliopancreatic diversion with duodenal switch. Surgery for Obesity and Related Diseases, 2016; 12(8):1594-1600.

**Kolotkin, R.L.** Chen, S., Klassen, P., Gilder, K., Greenway, F. Patient-reported quality of life in a randomized, placebo-controlled trial of naltrexone/bupropion for obesity. Clinical Obesity, 2015; 5(5): 237-44.

Aasprang, A., Andersen, J.R., Våge, V., **Kolotkin, R.L.,** Natvig G.K. Psychosocial functioning before and after surgical treatment for morbid obesity: reliability and validation of the Norwegian version of obesity-related problems scale. Peer J, 2015, DOI: 107717/peerj.1275.

Yancy, W.S., Mayer, S.B., Coffman, C.J., Smith, V.A., **Kolotkin, R.L.,** Geiselman, P.J., McVay, M., Oddone, E.Z., Voils, C.I. Effect of Allowing Choice of Diet on Weight Loss. A Randomized Trial. Annals of Internal Medicine, 2015;162 (12):805-814.

Paez Errickson, S., **Kolotkin, R.L.,** Simmons Skidmore, M., Endress, G., Østbye, T., Crosby, R.D., Eisenson, H.J. Improvements in functional exercise capacity after a residential behavioural change, diet and fitness program for obese adults. Physiotherapy Research International, 17 MAR 2015, DOI: 10.1002/pri.1623.

Jepsen, R., Aadland, E., Robertson, L., **Kolotkin, R.L.,** Andersen, J.R., Natvig, G.K. Physical activity and quality of life in severely obese adults during a two-year lifestyle intervention programme. Journal of Obesity, 2015 Jan 13. doi: 10.1155/2015/314194.

Andersen, J. R., Aasprang, A., Karlsen, T-I, Natvig, G.K., Våge, V., **Kolotkin, R.L.** Health-related quality of life after bariatric surgery: a systematic review of prospective long-term studies. Surgery for Obesity and Related Diseases, 2015, 11:466–473.

McVay, M.A., Voils, C.I., Coffman, C.J., Geiselman, P.J., **Kolotkin, R.L.,** Mayer, S.B., Smith, V.A., Gaillard, L., Turner, M., Yancy, W.S. Factors associated with choice of a low-fat or low-carbohydrate diet during a behavioral weight loss intervention. Appetite, 2014; 83:117-124.

Strain, G.W., **Kolotkin, R.L.,** Dakin, G., Gagner, M., Inabnet, W., Saif, T., Christos, P., Crosby, R.D., Pomp, A. The effects of weight loss after bariatric surgery on health-related quality of life and depression. Nutrition and Diabetes, 2014; 4, e132; doi:10.1038/nutd.2014.29.

Aasprang, A., Andersen, J.R., Våge, V., **Kolotkin, R.L.,** Natvig, G.K. Five-year changes in health-related quality of life after biliopancreatic diversion with duodenal switch. Obesity Surgery, 2013 10.1007/s11695-013-0994-z.

Yancy, W.S., Coffman, C.J., Geiselman, P.J., **Kolotkin**, R.L., Almirall, D., Oddone, E.Z., Mayer, S.B., Gaillard, L.A., Turner, M., Smith, V.A., Voils, C.I. Considering Patient Diet Preference to Optimize Weight Loss: Design Considerations of a Randomized Trial Investigating the Impact of Choice. Contemporary Clinical Trials, 35, 2013, 106-116.

Adams, T.D., Davidson, L.E., Litwin, S.E., **Kolotkin**, R.L., Lamonte, M.J., Pendleton, R.C., Strong, M.B., Vinick, R., Wanner, N.A., Hopkins, P.N., Gress R.E., Walker, J.M., Cloward, T.V., Nuttall, R.T., Hammoud, A., Greenwood, J., Crosby, R.D., McKinlay, R., Simper, S.C., Smith, S.C., Hunt, S.C. Health benefits of gastric bypass surgery after six years. JAMA, 2012, 308, 1122-1131.

**Kolotkin**, R.L., Zunker, C., Østbye, T. Sexual Functioning and Obesity: A Review. Obesity, 2012 20(12):2325-33.

Steffen, K.J., **Kolotkin**, R.L. A Review of the Combination of Phentermine and Topiramate Extended-Release for Weight Loss. Combination Products in Therapy, 2012, 2:3 DOI 10.1007/s13556-012-0003-1.

**Kolotkin**, R.L., Davidson, L.E., Crosby, R.D., Hunt, S.C., Adams, T.D. Six-year changes in health-related quality of life in gastric bypass patients versus obese comparison groups. Surgery for obesity and related diseases, 2012, 8, 625-633.

Caixàs, A., Lecube, A., Morales, M.J., Calañas, A., Moreira, J., Córdido, F., Díaz, M.J., Masmiquel, L., Moreno, B., Vidal, J., Goday, A., Arrizabalaga, J.J., García-Luna, P.P., Iglesias, P., Burguera, B., Rubio, M.A., Monereo, S. (Group for the Study of Obesity of the Spanish Endocrinology and Nutrition Society (SEEN)), Crosby, R.D., **Kolotkin**, R.L. Weight-related quality of life in Spanish obese subjects suitable for bariatric surgery is lower than in their North American counterparts. A case-control study. Obesity Surgery, 2013, 23, 509-514.

Vieira, P.N., Palmeira, A.L., Mata, J., **Kolotkin**, R.L., Silva, M.N., Sardinha, L.B., Teixeira, P.J. Usefulness of standard BMI cut-offs for quality of life and psychological well-being in women. Obesity Facts, 2012, 5, 795-805.

Ranzenhofer, L.M., Columbo, K.M., Tanofsky-Kraff, M., Shomaker, L.B., Cassidy, O., Matheson, B., **Kolotkin**, R.L., Checchi, J.M., Keil, M., McDuffie, J.R., Yanovski, J.A. Binge eating and weight-related quality of life in obese adolescents. Nutrients, 2012, 4, 167-180.

Vasiljevic, N., Ralevic, S., **Kolotkin**, R.L., Marinkovic, J., Jorga, J. The relationship between weight loss and health-related quality of life in a Serbian population. European Eating Disorders Review, 2012, 20, 162–168.

**Kolotkin**, R.L., Lamonte, M.J., Walker, J.M., Cloward, T.V., Davidson, L.E., Crosby, R.D. Predicting sleep apnea in bariatric surgery patients. Surgery for obesity and related diseases: official journal of the American Society for Bariatric Surgery, 2011, 7, 605-10.

Cox, T.L., Ard, J.D., Beasley, T.M., Fernandez, J.R., Howard, V.J., **Kolotkin**, R.L., Crosby, R.D., Affuso, O. Examining the association between body mass index and weight related quality of life in black and white women. Applied Research in Quality of Life, 2012, 7, 309-322.

Fezzi, M., **Kolotkin**, R.L., Jaussent, A., Schaub, R., Chauvet, M.A, Cassafieres, C., Salsano, V., Lefebvre, P., Renard, E., Bringer, J., Fabre, J.M., Nocca, D. Improvement in quality of life after laparoscopic sleeve gastrectomy. Obesity Surgery, 2011, 21, 1161-7.

Nadeau, K., **Kolotkin**, R.L., Boex, R., Witten, T., McFann, K.K., Zeitler, P., Walders-Abramson, N. Health-related quality of life in adolescents with obesity comorbidities. Journal of Adolescent Health, 2011, 49(1), 90-92.

Østbye, T., **Kolotkin**, R.L., He, H., Overcash, F., Brouwer, R., Binks, M., Syrjala, K.L., Gadde, K. Sexual functioning among obese adults enrolling in a weight loss study. Journal of Sex & Marital Therapy, 2011, 37(3), 224-235.

Hammoud, A., Walker, J.M., Cloward, T., Hunt, S.C., **Kolotkin**, R.L., Adams, T.D., Meikle, A.W. Sleep apnea, reproductive hormones and sexual quality of life in severely obese men. Obesity (Silver Spring), 2011, 19, 1118-23.

**Kolotkin**, R.L., LaMonte, M.J., Litwin, S., Gress, R.E., Yanowitz, F.G., Hunt, S.C. Crosby, R.D., Adams, T.D. Cardiorespiratory fitness and health-related quality of life in bariatric surgery patients. Obesity Surgery, 2011, 21, 457-464.

Mueller, A., Holzapfel, C., Hauner, H., Crosby, R D., Engel, S.G., Mühlhans, B., **Kolotkin**, R.L., Horbach, T., de Zwaan, M. Psychometric evaluation of the German version of the Impact of Weight on Quality of Life (IWQOL-Lite) questionnaire. Experimental and Clinical Endocrinology & Diabetes, 2011, 119, 69-74.

Wachholtz, A., Binks, M., Eisenson, H., **Kolotkin**, R., & Suzuki, A. Does pain predict interference with daily functioning and weight loss in an obese residential treatment-seeking population? International Journal of Behavioral Medicine, 2010, 17(2), 118-124.

Hermansen, K., **Kolotkin**, R.L., Hammer, M., Zdravkovic, M., Matthews, D. Patient reported outcomes in patients with type 2 diabetes treated with liraglutide, or glimepiride, both as add-on to metformin. Primary Care Diabetes, 2010, 4 (2), 113-117.

Strain, G.W., Faulconbridge, L., Crosby, R.D., **Kolotkin**, R.L., Heacock, L., Gagner, M., Dakin, G., Pomp, A. Health-related quality of life (HRQoL) does not vary among patients seeking different surgical procedures to assist with weight loss. Surgery for Obesity and Related Diseases, 2010, 6, 521-525.

Wouters, E.J.M., Geenen, R., **Kolotkin**, R.L., Vingerhoets, A.J.J.M. Met lichaamsgewicht samenhangende kwaliteit van leven bij adolescenten: Psychometrische kwaliteit van de Nederlandse vertaling van de IWQOL-Kids. Tijdschrift voor Kindergeneeskunde, 2010, 78, 119-125.

de A. Mariano, M.H., **Kolotkin**, R.L., Petribú, K., de N. L. Ferreira, M., Dutra, R.F., Barros, M.V.G., Almeida, N.C., de L. Filho, L.E., Rabelo, P.J., Monteiro, V., da Silva, B.F. Psychometric evaluation of a Brazilian version of the Impact of Weight on Quality of Life (IWQOL-Lite) instrument. European Eating Disorders Review, 2010, 18 (1), 58-66.

Adams, T.D., Pendleton, R., Strong, M., **Kolotkin**, R.L., Walker, J., Litwin, S., Berjaoui, W., LaMonte, M.J., Cloward, T., Avelar, E., Owan, T., Nuttall, R.T., Gress, R.E., Crosby, R.D., Hopkins, P., Brinton E.A., Rosamond, W., Wiebke, G., Yanowitz, F.G., Farney, R.R., Halverson, C., Simper, S.C., Smith, S.C., Hunt, S.C. Health outcomes of gastric bypass patients compared to nonsurgical, nonintervened severely obese. Obesity (Silver Spring), 2010, 18, 121-130.

Wouters, E. M., Van Nunen, A.M. A., Geenen, R., **Kolotkin**, R.L., Vingerhoets, J.J.M. Effects of aquajogging in obese adults: a pilot study. Journal of Obesity, 2010. Published online 2009 August 20. doi: [10.1155/2010/231074](https://doi.org/10.1155/2010/231074).

Quinlan, N.P., **Kolotkin**, R.L., Fuemmeler, B.F., Costanzo, P.R. Psychosocial outcomes in a weight loss camp for overweight youth. International Journal of Pediatric Obesity, 2009, 4, 134-142.

**Kolotkin**, R.L., Crosby, R.D., Gress, R.E., Hunt, S., Adams, T. Two-year changes in health-related quality of life in gastric bypass patients compared with severely obese controls. Surgery for Obesity and Related Diseases, 2009, 5, 250-256.

Hammoud, A., Gibson, M., Hunt, S.C., Adams, T.D., Carrell, D.T., **Kolotkin**, R.L., Meikle, A.W. Effect of Roux-en-Y gastric bypass surgery on the reproductive hormones and sexual quality of life in obese men. The Journal of Clinical Endocrinology & Metabolism, 2009, 94, 1329-1332.

Zabelina, D. L., Erickson, A.L., **Kolotkin**, R.L., Crosby, R.D. The effect of age on weight-related quality of life in overweight and obese individuals. Obesity, 2009, 17, 1410-1413.

**Kolotkin**, R.L., Norquist, J, Crosby, R.D., Suryawanshi, S., Teixeira, P.J, Heymsfield, S.B, Erondy, N., Ngozi, Nguyen, A.M. One-year health-related quality of life outcomes in weight loss trial participants: Comparison of three measures. Health and Quality of Life Outcomes, 2009, 7, 53.

Yancy, W.S. Almirall, D., Maciejewski, M.L., **Kolotkin** R. L., McDuffie J.R., Westman, E.C. Effects of two weight loss diets on health-related quality of life. Quality of Life Research, 2009, 18, 281-289.

Loux, T.J., Haricharan, R.N., Clements, R.H., **Kolotkin**, R.L., Bledsoe, S.E., Haynes, B., Leath, T., Harmon, C.M. Health-related quality of life before and after bariatric surgery in adolescents, Journal of Pediatric Surgery, 2008, 43, 1275-1279.

**Kolotkin**, R.L., Crosby, R.D., Gress, R.E., Hunt, S., Engel, S.G., Adams, T. Health and health-related quality of life: Differences between men and women who seek gastric bypass surgery. Surgery for Obesity and Related Diseases, 2008, 4:651-659.

**Kolotkin**, R.L., Binks, M., Crosby, R.D., Østbye, T., Mitchell J.E., Hartley, G.G. Improvements in sexual quality of life after moderate weight loss. International Journal of Impotence Research, 2008, 20, 487-492.

**Kolotkin**, R.L., Corey-Lisle, P.K., Crosby, R.D., Kan, H.J., McQuade, R. Changes in weight and weight-related quality of life in a multicenter, randomized trial of aripiprazole versus standard of care. European Psychiatry, 2008, 23 (8):561-566.

**Kolotkin**, R.L., Corey-Lisle, P.K., Crosby, R.D., Swanson, J.M., Tuomari, V., L'Italien, G., Mitchell, J.E. Impact of obesity on health-related quality of life in schizophrenia and bipolar disorder. Obesity (Silver Spring), 2008, 16, 749-754.

**Kolotkin**, R.L., Crosby, R.D., Corey-Lisle, P.K., Swanson, J.M. Performance of a weight-related measure of quality of life in a psychiatric sample. Quality of Life Research, 2006, 15, 587-596.

**Kolotkin**, R.L., Binks, M.B., Crosby, R.D., Østbye, T., Gress, R.E., Adams, T.D. Obesity and sexual quality of life. Obesity, 2006, 14, 472-479.

**Kolotkin**, R.L., Zeller, M., Modi, A.C., Samsa, G.P., Polanichka Quinlan, N., Yanovski, J.A., Bell, S.K., Maahs, D.M., Gonzales de Serna, D., Roehrig, H.R. Assessing weight-related quality of life in adolescents. Obesity, 2006, 14, 448-457.

Maahs, D., Gonzalez de Serna, D., **Kolotkin**, R.L., Ralston, S., Sandate, J., Qualls, C., Schade, D.S. A randomized double-blind placebo-controlled trial of orlistat for weight loss in adolescents. Endocrine Practice, 2006, 12, 18-28.

Engel, S.G., Wittrock, D.A., Crosby, R.D., Wonderlich, S.A., Mitchell, J.E., **Kolotkin**, R.L. Development and psychometric validation of an eating-disorder-specific health-related quality of life instrument. International Journal of Eating Disorders, 2006, 39, 62-71.

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**Kolotkin**, R.L., Crosby, R.D., Pendleton, R., Strong, M., Gress, R.E., Adams, T. Health-related quality of life in patients seeking gastric bypass surgery vs. non-treatment-seeking controls. Obesity Surgery, 2003,13, 371-377.

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**Kolotkin**, R.L., Billingham, K.A., and Feldman, H.S. Computers in biofeedback research and therapy. Behavior Research Methods and Instrumentation, 1981, 13, 532-542.



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Biskin, B. and **Kolotkin**, R.L. Effects of computerized administration on scores on the Minnesota Multiphasic Personality Inventory. Applied Psychological Measurement, 1977, 1 (4), 543-549.

#### **PAPERS IN REVIEW OR PREPARATION**

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**Kolotkin**, R.L., Kim, J., Davidson, L.E., Crosby, R.D., Hunt, S.C., Adams, T.D. 12-year trajectory of health-related quality of life in gastric bypass patients vs. comparison groups. Manuscript in preparation.

Steffen, K.J., King, W.C., White, G.E., Subak, L.L., Mitchell, J.E., Courcoulas, A.P., Flum, D. R., Strain, G., Sarwer, D. B., **Kolotkin**, R.L., Pories, W.J., Huang, A. Change in sexual functioning in men and women following bariatric surgery: five year follow-up. Manuscript in review.

Lorentzen, J, Seip, B, Hjelmæsæth, J, Medhus, AW, Hertel, JK, Karlsen, T-I, **Kolotkin**, RL, Sandbu, R, Hofsø, D, Svanevik, M, Sifrim, D. Diagnostic accuracy of the GerdQ questionnaire in the assessment of erosive esophagitis in patients preparing for bariatric surgery. Manuscript in preparation.

Mason, T.B., **Kolotkin**, R.L., Crosby, R.D., Strain, S., Yanovski, S., Flum, D.R., Pories, W.J., Courcoulas, A.P., Wolfe, B., Pomp, A., Belle, S.H., Mitchell, J.E. Associations Between Facets of Weight-related Quality of Life and Maladaptive Health Behaviors Before and After Bariatric Surgery. Manuscript in preparation.

#### **CHAPTERS IN BOOKS**

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Andersen, J.R., Karlsen, T.-I., **Kolotkin**, R.L. Obesity and its Impact upon Quality of Life. In G.E. Mullin, L.J. Cheskin, L.E Matarese (eds.), Integrative Weight Management, Springer Publishing, 2014.

**Kolotkin**, R.L., Health-related quality of life in severely obese individuals. In M. Deitel, M. Gagner, J.B. Dixon, J.Himpens, and A.K.Madan (eds.), Handbook of Obesity Surgery, Toronto: FD-Communications, Inc, 2010.

**Kolotkin**, R.L., Haaz, S., Fontaine, K.R. Assessment of health-related quality of life in obesity and eating disorders. In D.B. Allison and M.L. Baskin (eds.), Handbook of Assessment Methods for Eating Behaviors and Weight Related Problems, 2<sup>nd</sup> edition. Thousand Oaks, CA: Sage Publications, Inc., 2009.

**Kolotkin**, RL, Crosby, RD, Williams, GR. Quality of life: relationship to obesity. In G. Medeiros-Neto, A. Halpern, C. Bouchard (eds.), Progress in Obesity Research: 9. London: John Libbey & Co. Ltd, London, UK, 2002.

**Kolotkin**, R.L., Head, S.B., & Hamilton, M. Assessing impact of weight on quality of life. In T.B. Van Itallie & A.P. Simopoulos (eds.), Obesity: New Directions in Assessment & Management. Philadelphia: The Charles Press, 1995.

#### **BOOKS**

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Hamilton, M.A., **Kolotkin**, R.L., Cogburn, D., and Moore, D.T. The Duke University Medical Center Book of Diet & Fitness, Fawcett Columbine, 1990.

## **SELECTED ABSTRACTS PUBLISHED**

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Kolotkin, R.L., Brett, J., Meincke, H., Bjorner, J. The effect of liraglutide 3.0 mg for weight management on HRQOL, as measured by SF-36: 3-year data. Endocrine Practice. 2016;22 (Suppl 2):158-9 (Abstract 723).

Kolotkin, R.L., Andersen, J.R., Zeller, M.H., Noordam, H., Rutter, H. Translating health-related quality of life (HRQOL) research into clinical practice for adults and youth. Obesity Facts, 9, (supplement 1), June 2016, 29.

Kolotkin, R.L., Shapiro Manning, L., Meincke, H.H., Bjorner J. Improvements in Impact of Weight on Quality of Life-Lite (IWQOL-Lite) with Liraglutide 3.0 mg (LIRA) vs. Placebo (PBO) for Weight Management: 3-Year Data. Diabetes, 2016, 65 (supplement 1): A69.

Golden, A., Kaplan, L.M., O'Neil, P., Nadglowski, J., Kyle, T., Kolotkin, R.L., Look, M. Lum, C., Donsmark, M., Dhurandhar, N. Divergence of patient and clinician perceptions of obesity and weight management. Obesity Facts, 9, (supplement 1), June 2016, 268.

Kolotkin, R.L., Smolarz G, Meincke H.H., Bjørner, J.B. Improvement in SF-36-derived health utility score with liraglutide 3.0 mg versus placebo over 3 years in prediabetes. Value in Health, 19(3):A251; April 2016. DOI: 10.1016/j.jval.2016.03.996

Kolotkin, R.L., Smolarz G, Meincke H.H., Bjørner, J.B. Improvement in IWQOL-Lite-derived health utility score with liraglutide 3.0 mg versus placebo over 3 years in prediabetes. Value in Health, 19(3):A251-A252; April 2016. DOI: 10.1016/j.jval.2016.03.1000

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Andersen, J.R., Ronnie Kolotkin, R.L., Våge, V. Majority of participants in lifestyle intervention for severe obesity had undergone bariatric surgery by 6 years. Obesity Facts. May 1, 2014, page 81.

Aasprang, A., Andersen, J.R., Villy, V. Kolotkin, R.L., Natvig, G.K., Reliability and validity of the Norwegian version of obesity-related problem scale. Obesity Facts. May 1, 2014, page 133.

Kolotkin R.L., Burns C., Walsh B., Klassen P. Combination Naltrexone/Bupropion Therapy Resulted in Clinically Meaningful Improvements in Weight and Quality of Life – Integrated Analysis of Four Phase 3 Trials. Diabetes, 2013; 62 (suppl 1).

Kolotkin, R.L., Gadde, K., Peterson, C. Quality of life improvements and related to the magnitude of weight loss with controlled-release phentermine/topiramate (PHN/TPM CR) in obese patients. Obesity Facts, 2012 (Supp.1), 208.

## **SELECTED SCIENTIFIC PRESENTATIONS**

Kolotkin, R.L., Andersen, J.R., Zeller, M.H., Noordam, H., Rutter, H. Translating health-related quality of life (HRQOL) research into clinical practice for adults and youth. Symposium presented at the European Obesity Summit (EOS) Joint Congress of EASO and IFSO-EC, Gothenburg, Sweden, June 1-4, 2016.

Kolotkin, R.L., Shapiro Manning, L., Meinke, H.H., Bjorner J. Improvements in Impact of Weight on Quality of Life-Lite (IWQOL-Lite) with Liraglutide 3.0 mg (LIRA) vs. Placebo (PBO) for Weight Management: 3-Year Data. Oral presentation at the 76<sup>th</sup> annual meeting of the American Diabetes Association, New Orleans, LA, June 12, 2016.

Kolotkin, R.L., Fujioka, K., Wolden, M.L., Brett, J., Bjørner, J.B Improvements in health-related quality of life with liraglutide 3.0 mg compared with placebo for weight management. Poster presented at the 24th Annual Scientific and Clinical Congress (AACE), 13–17 May 2015, Nashville, Tennessee.

Yancy WS, Coffman, CJ, Smith, VA, Mayer, SB, Kolotkin, RK, Geiselman, P, McVay, MA, Oddone, EZ, Voils, CI. Improving Weight Loss: Is it a Matter of (Diet) Choice? Obesity Week, November 2-7, 2014, Boston, MA.

Yancy, WS, Coffman, CJ, Smith, VA, Mayer, SB, Kolotkin, RK, Geiselman, P, McVay, MA, Oddone, EZ, Voils, CI. Allowing Patient Choice Between Two Diverse Diets Did Not Improve Weight Loss. Society of General Internal Medicine, 2014, San Diego, CA.

Yancy WS, Smith VA, Coffman CJ, Mayer SB, McVay MA, Geiselman PJ, Kolotkin R, Oddone EZ, Voils CI. Characteristics of dieters choosing either a low carbohydrate or low fat diet in a randomized trial examining the impact of choice on weight loss. Obesity Week, November 11-16, 2013, Atlanta, GA.

Kolotkin R.L., Burns C., Walsh B., Klassen P. Combination Naltrexone/Bupropion Therapy Resulted in Clinically Meaningful Improvements in Weight and Quality of Life – Integrated Analysis of Four Phase 3 Trials. Guided Audio Poster, American Diabetes Association, Chicago, IL, June, 2013.

Kolotkin, R.L., Gadde, K., Peterson, C. Quality of Life Improvements Are Related to the Magnitude of Weight Loss With Controlled-Release Phentermine/Topiramate (PHEN/TPM CR) in Obese Patients. European Congress on Obesity, Lyon, France, May, 2012.

## **INVITED PRESENTATIONS**

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Kolotkin, R.L., Measuring Quality Of Life in Children and Adolescents with Overweight or Obesity - The State of the Art, Bergen Obesity Days, October, 2015, Bergen, Norway.

Kolotkin, R.L., Does weight loss improve long term health-related quality of life - bariatric surgery vs. intensive lifestyle intervention? 10 Year Anniversary Symposium for the Morbid Obesity Center, Vestfold Hospital Trust, Tønsberg, November 14-15 2014 Larvik, Norway.

Kolotkin, R.L. Assessing the impact of obesity on quality of life, Symposium on Integrated Strategies for Weight Management (Astrup, A., Chair), International Congress on Obesity, Kuala Lumpur, Malaysia, March, 2014.

Kolotkin, R.L. Obesity and health-related quality of life, Obesity and Mental Health Conference, Toronto, Canada, June, 2012

Kolotkin, R.L. Obesity and health-related quality of life, Conference on Obesity and Quality of Life Outcomes, Balestrand, Norway, June, 2012

Kolotkin, R.L., Obesity and health-related quality of life, Alli Physician Meeting for Glaxo Smith Kline, Istanbul, Turkey, 2011

Kolotkin, R.L., Obesity and health-related quality of life, Conference on Obesity and Diabetes, Istanbul, Turkey, 2010

Kolotkin, R.L. Obesity and health-related quality of life in bariatric surgery, Department of Weight Loss Surgery Minimally Invasive Surgery Center, Yotsuya Medical Cube, Tokyo, Japan, 2009

Kolotkin, R.L. Obesity and health-related quality of life, Tokyo English Life Life (TELL), Tokyo, Japan, 2009

Kolotkin, R.L. Another Look at obesity and health-related quality of life, Queen Elizabeth Hospital, Bridgetown, Barbados, 2009

Kolotkin, R.L. Obesity and health-related quality of life, Queen Elizabeth Hospital, Bridgetown, Barbados, 2008

Kolotkin, R.L. Obesity and health-related quality of life, University of Auckland, Auckland, New Zealand, 2006

Kolotkin, R.L. Obesity and health-related quality of life, University of Otago, Dunedin, New Zealand, 2006

Kolotkin, R.L. Morbid obesity and quality of life, Continuing Medical Education, Mc Master University, Hamilton, Canada, 2005.

Kolotkin, R.L. Obesity, hunger, fullness, cravings, and weight loss expectations. Oxford Outcomes, London, UK, 2005.

Kolotkin, R.L. Obesity and health-related quality of life (HRQOL), Huddinge University Hospital, Stockholm, Sweden, 2003

Kolotkin, R.L. Quality of Life: Relationship to obesity. Invited talk at the 9<sup>th</sup> International Congress on Obesity, Sao Paulo, Brazil, August, 2002.

## **PROFESSIONAL ORGANIZATIONS**

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The Obesity Society (Fellow)

International Society for the Study of Quality of Life

International Society for Pharmacoeconomics and Outcomes Research

American Society for Metabolic and Bariatric Surgery

American Psychological Association

North Carolina Psychological Association

## **GRANTS**

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Consultant on R01 DK055006-06A1 (Steven C. Hunt, PI), NIDDK (Morbidty and Mortality Related to Gastric Bypass Surgery), 2000-2015

Consultant on Department of Veteran Affairs NCT01152359 (William S. Yancy, PI), (Considering Patient Diet Preferences to Optimize Weight Loss: Diet Choice), 2000-2014

## **NIH WORKING GROUPS**

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Longitudinal Assessment of Bariatric Surgery (LABS) Working Group on Quality of Life—December 2003-2005

Longitudinal Assessment of Bariatric Surgery (LABS) Working Group on Behavior—December 2003-2005

Longitudinal Assessment of Bariatric Surgery (LABS) Working Groups on Sexual Function—December 2011- present

## **JOURNAL REVIEW**

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JAMA, Obesity, Quality of Life Research, International Journal of Eating Disorders, Disease Management and Health Outcomes, Journal of Clinical Epidemiology, American Journal of Preventive Medicine, Journal of Consulting and Clinical Psychology, Clinical Obesity, Obesity Surgery, Surgery for Obesity and Related Diseases, Obesity Reviews, Current Medical Research & Opinion, The Journal of Pediatrics, Psychology of Addictive Behaviors, Medical Anthropology Quarterly, Journal of Psychosomatic Research, European Journal of Psychiatry, Journal of Women's Health, Journal of Sexual Medicine, Women's Health Issues, Journal of Obesity

## **EDITORIAL BOARD**

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Associate Editor, Obesity Surgery, 11/05-12/11.  
Editorial Board, Obesity Surgery, 12/04-11/05.

## **DOCTORAL DISSERTATION OPPONENT**

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January 2016, served as doctoral dissertation opponent at University of Copenhagen for Cathrine Lawaetz Wimmelmann.

December 2003, served as doctoral dissertation opponent at the University of Gothenburg for Anna Rydén, doctoral student under Marianne Sullivan, of the Swedish Obese Subjects studies.

## **CLINICAL ADVISOR**

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Foundation for Informed Medical Decision- Making, 2004-present