

CURRICULUM VITAE

RONETTE L. KOLOTKIN, Ph.D.

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PRESENT POSITION

Sole Proprietor, Quality of Life Consulting, PLLC 7/2000 to present
Providing consulting, clinical, and scientific services to companies, hospitals, healthcare professionals, researchers, contract research organizations, community groups, and individuals.
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CURRENT ACADEMIC APPOINTMENTS

Consulting Professor, Duke University School of Medicine 12/2009-present
Department of Community & Family Medicine

Professor (25% time) 9/2012-present
Western Norway University of Applied Sciences, Førde, Norway
Center of Health Research, Førde Hospital Trust, Førde, Norway
Morbid Obesity Centre, Vestfold Hospital Trust, Tønsberg, Norway

PAST ACADEMIC APPOINTMENTS

Consulting Associate Professor, Duke University Medical Center 5/2004-11/2009
Department of Community & Family Medicine, 5/04-11/09

Clinical Assistant Professor, Duke University Medical Center, 3/1984-6/2000
Departments of Psychiatry and Community & Family Medicine

ADMINISTRATIVE ROLE

Director, Behavioral Health Program, Duke University Diet & Fitness Center 1984-1999

CLINICAL ACTIVITIES

Private practice 6/2000 to present
Rice Diet Program, psychoeducational groups, Durham, NC 2000-2014
Duke Diet and Fitness Center psychoeducational groups, Durham, NC 2011-2012
Diplomate in Psychotherapy (National Board of Cognitive Behavioral Therapists) 2000 to present
Duke University Diet and Fitness Center, all aspects of clinical treatment 1984-2000

LICENSURE

North Carolina Practicing Psychologist

EDUCATION

Trinity College, Hartford, CT
University of Minnesota, Minneapolis, MN

B.A. in Psychology
Ph.D. in Clinical Psychology

PUBLICATIONS

Steffen, K.J., King, W.C., White, G.E., Subak, L.L., Mitchell, J.E., Courcoulas, A.P., Flum, D. R., Strain, G., Sarwer, D. B., **Kolotkin, R.L.**, Pories, W.J., Huang, A. Changes in Sexual Functioning in Women and Men in the 5 Years After Bariatric Surgery. JAMA Surgery, Published online February 20, 2019. doi:10.1001/jamasurg.2018.1162.

Benestad, B., Karlsen, T-I, Småstuen, M.C., Lekhal, S., Hertel, J.K., Steinsbekk, S., **Kolotkin, R.L.**, Ødegård, R.A., Hjelmesæth, J. Health-related quality of life after camp-based family obesity treatment – an RCT- randomized controlled trial. BMJ Paediatrics Open, in press.

Aasprang, A., Våge, V., Flolo TN, Hegland, P.A., **Kolotkin, R.L.**, Natvig, G.K. Andersen, J.R. Health-related quality of life in obese patients: Development, validity and reliability of the measuring instrument "Patient Reported Outcomes in Obesity." Journal of the Norwegian Medical Association, in press.

Kolotkin, R.L., Kim, J., Davidson, L.E., Crosby, R.D., Hunt, S.C., Adams, T.D. 12-year Trajectory of Health-Related Quality of Life in Gastric Bypass Patients vs. Comparison Groups. Surgery for Obesity and Related Diseases, 2018; 14(9):1359-1365.

Resaland, G.K., Aadland, E., Moe, V.F., **Kolotkin, R.L.**, Anderssen, S.A. Andersen, J.R. Effects of a physical activity intervention on schoolchildren's health-related quality of life: The Active Smarter Kids (ASK) cluster-randomized controlled trial. Preventive Medicine Reports, (2018). <https://doi.org/10.1016/j.pmedr.2018.11.002>

Flolo, T.N., Tell, G.S., **Kolotkin, R.L.**, Aasprang, A., Vage, V., Hufthammer, K.O., Andersen, J.R. Eating self-efficacy: A social cognitive predictor of weight loss and obesity-specific quality of life 48 months after sleeve gastrectomy. Surgery for Obesity and Related Diseases, in press.

Kolotkin, R.L., Smolarz, B.G., Meincke, H.H., Fujioka, K. Improvements in health-related quality of life over 3 years with liraglutide 3.0 mg compared with placebo in participants with overweight or obesity. Clinical Obesity, 8, 1–10, February 2018.

Svanevik, M., Rissstad, H., Karlsen, T.I., Kristinsson, J.A., Småstuen, M.C., **Kolotkin, R.L.**, Søvik, T.T., Sandbu, R., Mala, T., Hjelmesæth, J. Patient-Reported Outcome Measures 2 Years After Standard and Distal Gastric Bypass—a Double-Blind Randomized Controlled Trial. Obesity Surgery, 2018; 28: 606-614.

Hegland, PA, Aasprang, A, Øygaard, SH, Nordberg, S, **Kolotkin, RL**, Moltu, C, Tell, Grethe S, Andersen, JR. A review of systematic reviews on the effects of patient-reported outcome monitoring with clinical feedback systems on health-related quality of life — implications for a novel technology in obesity treatment. Clinical Obesity, 2018; 8(6):452-464.

Kolotkin, R.L., Ervin, C.M., Meincke, H.H., Højbjerg L., Fehnel, S.E. Development of a clinical trials version of the Impact of Weight on Quality of Life-Lite questionnaire (IWQOL-Lite Clinical Trials Version): Results from two qualitative studies. Clinical Obesity, 2017, May 22. doi: 10.1111/cob.12197.

Kolotkin, R. L. and Andersen, J. R. A systematic review of reviews: exploring the relationship between obesity, weight loss and health-related quality of life. Clinical Obesity, 2017. doi:10.1111/cob.12203

Adams, T.D., Davidson, L.E., Litwin, S.E., Kim, J., **Kolotkin, R.L.**, Nazeem Nanjee, M., Gutierrez, J., Frogley, S.J., Ibele, A.R., Brinton, E.A., Hopkins, P.N., McKinlay, R., Simper, S.C., Hunt, S.C. Weight and metabolic outcomes 12 Years after gastric bypass. New England Journal of Medicine, 2017, 377:1143-55.

Kaplan, L.M., Golden, A., Jinnett, K., **Kolotkin, R.L.**, Kyle, T.K., Look, M., Nadglowski, J., O'Neil, P.M., Parry, T., Tomaszewski, K.J., Stevenin, B., Lilleøre, S.K., Dhurandhar, N.V. Perceptions of barriers to effective obesity care: Results from the National ACTION Study. Obesity, 2017, doi:10.1002/oby.22054

Kolotkin, R.L., Crosby, R.D., Wang, Z-J. Health-related quality of life in randomized controlled trials of lorcaserin for obesity management: what mediates improvement? Clinical Obesity, 2017, 7(6): 347–353.

Steffen, K.J., King, W.C., White, G.E., Subak, L.L., Mitchell, J.E., Courcoulas, A.P., Flum, D. R., Strain, G., Sarwer, D. B., **Kolotkin, R.L.**, Pories, W., Huang, A. Sexual functioning of men and women with severe obesity prior to bariatric surgery. Surgery for Obesity and Related Diseases, 2017: 13(2): 334-343.

Flølo, T.N., Andersen, J.R., **Kolotkin, R.L.**, Aasprang, A., Natvig, G.K., Hufthammer, K.O., Våge, V. Five-year outcomes after vertical sleeve gastrectomy for severe obesity. A prospective cohort study. Obesity Surgery, 2017, 27(8), 1944-1951.

Andersen, J.R., Natvig, G.K., Aadland, E., Moe, V.F., **Kolotkin, R.L.**, Anderssen, S.A., Resaland, G.K. Associations between health-related quality of life, cardiorespiratory fitness, muscle strength, physical activity and waist circumference in 10-year old children: The ASK study. Quality of Life Research, 2017, 26, (12), 3421–3428.

Mason, T.B, Crosby, R.D., **Kolotkin, R.L.**, Grilo, C.M., Mitchell, J.E., Wonderlich, S.A., Crow, S.J., Peterson, C.B. Predictors of weight-related quality of life among individuals with binge eating disorder before and after cognitive behavioral therapy. Eating Behaviors. doi.org/10.1016/j.eatbeh.2017.08.001

Kolotkin, R.L., Fujioka, K., Wolden, M.L., Brett, J., Bjørner, J.B. Improvements in health-related quality of life with liraglutide compared with placebo in weight management. Clinical Obesity, 2016; 6: 233-242.

Aasprang, A., Andersen, J.R., Våge, V., **Kolotkin, R.L.**, Natvig G.K. Ten-year Changes in health-related quality of life after biliopancreatic diversion with duodenal switch. Surgery for Obesity and Related Diseases, 2016; 12(8):1594-1600.

Kolotkin, R.L., Gadde, K.M., Peterson, C.A., Crosby, R.D. Health-related quality of life in two randomized controlled trials of phentermine/topiramate for obesity: What mediates improvement? Quality of Life Research, 2016; 25:1237–1244.

Kolotkin, R.L. Chen, S., Klassen, P., Gilder, K., Greenway, F. Patient-reported quality of life in a randomized, placebo-controlled trial of naltrexone/bupropion for obesity. Clinical Obesity, 2015; 5(5): 237-44.

Aasprang, A., Andersen, J.R., Våge, V., **Kolotkin, R.L.**, Natvig G.K. Psychosocial functioning before and after surgical treatment for morbid obesity: reliability and validation of the Norwegian version of obesity-related problems scale. Peer J, 2015, DOI: 107717/peerj.1275.

Yancy, W.S., Mayer, S.B., Coffman, C.J., Smith, V.A., **Kolotkin**, R.L., Geiselman, P.J., McVay, M., Oddone, E.Z., Voils, C.I. Effect of Allowing Choice of Diet on Weight Loss. A Randomized Trial. Annals of Internal Medicine, 2015;162 (12):805-814.

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Yancy, W.S., Coffman, C.J., Geiselman, P.J., **Kolotkin**, R.L., Almirall, D., Oddone, E.Z., Mayer, S.B., Gaillard, L.A., Turner, M., Smith, V.A., Voils, C.I. Considering Patient Diet Preference to Optimize Weight Loss: Design Considerations of a Randomized Trial Investigating the Impact of Choice. Contemporary Clinical Trials, 35, 2013, 106-116.

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Kolotkin, R.L., Zunker, C., Østbye, T. Sexual Functioning and Obesity: A Review. Obesity, 2012 20(12):2325-33.

Steffen, K.J., **Kolotkin**, R.L. A Review of the Combination of Phentermine and Topiramate Extended-Release for Weight Loss. Combination Products in Therapy, 2012, 2:3 DOI 10.1007/s13556-012-0003-1.

Kolotkin, R.L., Davidson, L.E., Crosby, R.D., Hunt, S.C., Adams, T.D. Six-year changes in health-related quality of life in gastric bypass patients versus obese comparison groups. Surgery for obesity and related diseases, 2012, 8, 625-633.

Caixàs, A., Lecube, A., Morales, M.J., Calañas, A., Moreira, J., Cordido, F., Díaz, M.J., Masmiquel, L., Moreno, B., Vidal, J., Goday, A., Arribas, J.J., García-Luna, P.P., Iglesias, P., Burguera, B., Rubio,

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- Kolotkin**, R.L., Lamonte, M.J., Walker, J.M., Cloward, T.V., Davidson, L.E., Crosby, R.D. Predicting sleep apnea in bariatric surgery patients. Surgery for obesity and related diseases: official journal of the American Society for Bariatric Surgery, 2011, 7, 605-10.
- Cox, T.L., Ard, J.D., Beasley, T.M., Fernandez, J.R., Howard, V.J., **Kolotkin**, R.L., Crosby, R.D., Affuso, O. Examining the association between body mass index and weight related quality of life in black and white women. Applied Research in Quality of Life, 2012, 7, 309-322.
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- Østbye, T., **Kolotkin**, R.L., He, H., Overcash, F., Brouwer, R., Binks, M., Syrjala, K.L., Gadde, K. Sexual functioning among obese adults enrolling in a weight loss study. Journal of Sex & Marital Therapy, 2011, 37(3), 224-235.
- Hammoud, A., Walker, J.M., Cloward, T., Hunt, S.C., **Kolotkin**, R.L., Adams, T.D., Meikle, A.W. Sleep apnea, reproductive hormones and sexual quality of life in severely obese men. Obesity (Silver Spring), 2011, 19, 1118-23.
- Kolotkin**, R.L., LaMonte, M.J., Litwin, S., Gress, R.E., Yanowitz, F.G., Hunt, S.C. Crosby, R.D., Adams, T.D. Cardiorespiratory fitness and health-related quality of life in bariatric surgery patients. Obesity Surgery, 2011, 21, 457-464.
- Mueller, A., Holzapfel, C., Hauner, H., Crosby, R D., Engel, S.G., Mühlhans, B., **Kolotkin**, R.L., Horbach, T., de Zwaan, M.. Psychometric evaluation of the German version of the Impact of Weight on Quality of Life (IWQOL-Lite) questionnaire. Experimental and Clinical Endocrinology & Diabetes, 2011, 119, 69-74.

Wachholtz, A., Binks, M., Eisenson, H., **Kolotkin, R.**, & Suzuki, A. Does pain predict interference with daily functioning and weight loss in an obese residential treatment-seeking population? International Journal of Behavioral Medicine, 2010, 17(2), 118-124.

Hermansen, K., **Kolotkin, R.L.**, Hammer, M., Zdravkovic, M., Matthews, D. Patient reported outcomes in patients with type 2 diabetes treated with liraglutide, or glimepiride, both as add-on to metformin. Primary Care Diabetes, 2010, 4 (2), 113-117.

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Wouters, E.J.M., Geenen, R., **Kolotkin, R.L.**, Vingerhoets, A.J.J.M. Met lichaamsgewicht samenhangende kwaliteit van leven bij adolescenten: Psychometrische kwaliteit van de Nederlandse vertaling van de IWQOL-Kids. Tijdschrift voor Kindergeneeskunde, 2010, 78, 119-125.

de A. Mariano, M.H., **Kolotkin, R.L.**, Petribú, K., de N. L. Ferreira, M., Dutra, R.F., Barros, M.V.G., Almeida, N.C., de L. Filho, L.E., Rabelo, P.J., Monteiro, V., da Silva, B.F. Psychometric evaluation of a Brazilian version of the Impact of Weight on Quality of Life (*IWQOL-Lite*) instrument. European Eating Disorders Review, 2010, 18 (1), 58-66.

Wouters, E. M., Van Nunen, A.M. A., Geenen, R., **Kolotkin, R.L.**, Vingerhoets, J.J.M. Effects of aquajogging in obese adults: a pilot study. Journal of Obesity, 2010. Published online 2009 August 20. doi: [10.1155/2010/231074](https://doi.org/10.1155/2010/231074).

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Hammoud, A., Gibson, M., Hunt, S.C., Adams, T.D., Carrell, D.T., **Kolotkin, R.L.**, Meikle, A.W. Effect of Roux-en-Y gastric bypass surgery on the reproductive hormones and sexual quality of life in obese men. The Journal of Clinical Endocrinology & Metabolism, 2009, 94, 1329-1332.

Zabelina, D. L., Erickson, A.L., **Kolotkin, R.L.**, Crosby, R.D. The effect of age on weight-related quality of life in overweight and obese individuals. Obesity, 2009, 17, 1410-1413.

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Kolotkin, R.L., Binks, M., Crosby, R.D., Østbye, T., Mitchell J.E., Hartley, G.G. Improvements in sexual quality of life after moderate weight loss. International Journal of Impotence Research, 2008, 20, 487-492.

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Kolotkin, R.L. Obesity and quality of life. Obesity Research Days, Norwegian Association for the Study of Obesity, October, 2018, Bodø, Norway.

Kolotkin, R.L. Obesity and quality of life: Ask what matters, listen to what matters, do what matters. NORSE Conference, May, 2018, Åmot gard, Norway.

Kolotkin, R.L., Measuring Quality Of Life in Children and Adolescents with Overweight or Obesity - The State of the Art, Bergen Obesity Days, October, 2015, Bergen, Norway.

Kolotkin, R.L., Does weight loss improve long term health-related quality of life - bariatric surgery vs. intensive lifestyle intervention? 10 Year Anniversary Symposium for the Morbid Obesity Center, Vestfold Hospital Trust, Tønsberg, November, 2014 Larvik, Norway.

Kolotkin, R.L. Assessing the impact of obesity on quality of life, Symposium on Integrated Strategies for Weight Management (Astrup, A., Chair), International Congress on Obesity, Kuala Lumpur, Malaysia, March, 2014.

Kolotkin, R.L. Obesity and health-related quality of life, Obesity and Mental Health Conference, Toronto, Canada, June, 2012

Kolotkin, R.L. Obesity and health-related quality of life, Conference on Obesity and Quality of Life Outcomes, Balestrand, Norway, June, 2012

Kolotkin, R.L., Obesity and health-related quality of life, Alli Physician Meeting for Glaxo Smith Kline, Istanbul, Turkey, 2011

Kolotkin, R.L., Obesity and health-related quality of life, Conference on Obesity and Diabetes, Istanbul, Turkey, 2010

Kolotkin, R.L. Obesity and health-related quality of life in bariatric surgery, Department of Weight Loss Surgery Minimally Invasive Surgery Center, Yotsuya Medical Cube, Tokyo, Japan, 2009

Kolotkin, R.L. Obesity and health-related quality of life, Tokyo English Life Life (TELL), Tokyo, Japan, 2009

Kolotkin, R.L. Another Look at obesity and health-related quality of life, Queen Elizabeth Hospital, Bridgetown, Barbados, 2009

Kolotkin, R.L. Obesity and health-related quality of life, Queen Elizabeth Hospital, Bridgetown, Barbados, 2008

Kolotkin, R.L. Obesity and health-related quality of life, University of Auckland, Auckland, New Zealand, 2006

Kolotkin, R.L. Obesity and health-related quality of life, University of Otago, Dunedin, New Zealand, 2006

Kolotkin, R.L. Morbid obesity and quality of life, Continuing Medical Education, Mc Master University, Hamilton, Canada, 2005.

Kolotkin, R.L. Obesity, hunger, fullness, cravings, and weight loss expectations. Oxford Outcomes, London, UK, 2005.

Kolotkin, R.L. Obesity and health-related quality of life (HRQOL), Huddinge University Hospital, Stockholm, Sweden, 2003

Kolotkin, RL. Quality of Life: Relationship to obesity. Invited talk at the 9th International Congress on Obesity, Sao Paulo, Brazil, August, 2002.

PROFESSIONAL ORGANIZATIONS

The Obesity Society (Fellow)
International Society for the Study of Quality of Life
International Society for Pharmacoeconomics and Outcomes Research
American Society for Metabolic and Bariatric Surgery
American Psychological Association
North Carolina Psychological Association

GRANTS

Consultant on R01 DK055006-06A1 (Steven C. Hunt, PI), NIDDK (Morbidty and Mortality Related to Gastric Bypass Surgery), 2000-2015

Consultant on Department of Veteran Affairs NCT01152359 (William S. Yancy, PI), (Considering Patient Diet Preferences to Optimize Weight Loss: Diet Choice), 2000-2014

NIH WORKING GROUPS

Longitudinal Assessment of Bariatric Surgery (LABS) Working Group on Quality of Life—December 2003-2005

Longitudinal Assessment of Bariatric Surgery (LABS) Working Group on Behavior—December 2003-2005

Longitudinal Assessment of Bariatric Surgery (LABS) Working Groups on Sexual Function—December 2011- present

JOURNAL REVIEW

JAMA, Obesity, Quality of Life Research, International Journal of Eating Disorders, Disease Management and Health Outcomes, Journal of Clinical Epidemiology, American Journal of Preventive Medicine, Journal of Consulting and Clinical Psychology, Clinical Obesity, Obesity Surgery, Surgery for Obesity and Related Diseases, Obesity Reviews, Current Medical Research & Opinion, The Journal of Pediatrics, Psychology of Addictive Behaviors, Medical Anthropology Quarterly, Journal of Psychosomatic Research, European Journal of Psychiatry, Journal of Women's Health, Journal of Sexual Medicine, Women's Health Issues, Journal of Obesity

EDITORIAL BOARD

Associate Editor, Obesity Surgery, 11/05-12/11.
Editorial Board, Obesity Surgery, 12/04-11/05.

DOCTORAL DISSERTATION EXAMINER

January, 2018, served as doctoral dissertation examiner at Deakin University, Geelong, Australia, on Exercise, energy restriction, and psychsocial health for women with obesity.

January 2016, served as doctoral dissertation opponent at University of Copenhagen, Copenhagen, Denmark, on Psychological aspects of obesity and bariatric surgery: A prospective study of psychological factors among bariatric patients undergoing Roux-en-Y gastric bypass.

December 2003, served as doctoral dissertation opponent at University of Gothenburg, Gothenburg, Sweden, on Coping and personality in the obese. Results from the Swedish Obese Subjects Study.

CLINICAL ADVISOR

Foundation for Informed Medical Decision- Making, 2004-present