

## CURRICULUM VITAE

### RONETTE L. KOLOTKIN, Ph.D.

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### PRESENT POSITION

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**Sole Proprietor, Quality of Life Consulting, PLLC** 7/2000 to present  
Providing consulting, clinical, and scientific services to companies, hospitals, healthcare professionals, researchers, contract research organizations, community groups, and individuals.  
[www.qualityoflifeconsulting.com](http://www.qualityoflifeconsulting.com)

### CURRENT ACADEMIC APPOINTMENTS

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**Consulting Professor, Duke University School of Medicine** 12/2009-present  
Department of Family Medicine and Community Health

**Professor Emerita (20% time)** 9/2012-present  
Faculty of Health and Social Sciences, Western Norway University of Applied Sciences, Førde, Norway  
Center of Health Research, Førde Hospital Trust, Førde, Norway  
Morbid Obesity Centre, Vestfold Hospital Trust, Tønsberg, Norway

### PAST ACADEMIC APPOINTMENTS

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**Consulting Associate Professor, Duke University Medical Center** 5/2004-11/2009  
Department of Community & Family Medicine, 5/04-11/09

**Clinical Assistant Professor, Duke University Medical Center,** 3/1984-6/2000  
Departments of Psychiatry and Community & Family Medicine

### ADMINISTRATIVE ROLE

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Director, Behavioral Health Program, Duke University Diet & Fitness Center 1984-1999

### CLINICAL ACTIVITIES

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Private practice 6/2000 to present  
Rice Diet Program, psychoeducational groups, Durham, NC 2000-2014  
Duke Diet and Fitness Center psychoeducational groups, Durham, NC 2011-2012  
Diplomate in Psychotherapy (National Board of Cognitive Behavioral Therapists) 2000 to present  
Duke University Diet and Fitness Center, all aspects of clinical treatment 1984-2000

## LICENSURE

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North Carolina Practicing Psychologist (as Quality of Life Consulting, PLLC)

## EDUCATION

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Trinity College, Hartford, CT  
University of Minnesota, Minneapolis, MN

B.A. in Psychology  
Ph.D. in Clinical Psychology

## PUBLICATIONS

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**Kolotkin, R.L.**, Jeppesen, O., Baker-Knight, J., Lee, S.Y., Tokita, A., Kadowaki, T. Effect of once-weekly subcutaneous semaglutide 2.4 mg on weight- and health-related quality of life in an East Asian population: Patient-reported outcomes from the STEP 6 trial. Clinical Obesity, 2023, doi.org/10.1111/cob.12589.

Kim, N., Brown, T.M., Burudpakdee, C., Kanu, C. Woodard, K., Fehnel, S., Morrison, C., Nadglowski, J., Nadolsky, K., **Kolotkin, R.L.** Development of an assessment tool for completion by patients with overweight or obesity. Advances in Therapy, (2022).  
<https://doi.org/10.1007/s12325-022-02334-8>

Berge, J., Hjelmestath, J., **Kolotkin, R.L.**, et al. Effect of aerobic exercise intensity on health-related quality of life in severe obesity: a randomized controlled trial. Health and Quality of Life Outcomes, (2022) 20:34 <https://doi.org/10.1186/s12955-022-01940-y>

Nielsen, H.J., Nedrebø, B.G., Fosså, A., Andersen, J.R., Assmus, J., Dagsland, V.H., Dankel, S.N., Gudbrandsen, O.A., Fernø, J., Hjellestad, I., Hjermstad, M.J., **Kolotkin, R.L.**, Thorsen, H.L., Mellgren, G., Flølo, T.N. Seven-year trajectories of body weight, quality of life and comorbidities following Roux-en-Y gastric bypass and sleeve gastrectomy. International Journal of Obesity, 46, 739–749 (2022).

Hegland, P.A., McAleavey, A., Aasprang, A., Moltu, C., **Kolotkin, R.L.**, Andersen, J.R. The Norse Feedback in a population of patients undergoing bariatric surgery –Psychometric properties of a digital computer-adaptive questionnaire assessing mental health. Clinical Obesity, 2022; 12( 1):e12491. doi:10.1111/cob.12491

**Kolotkin, RL**, Williams, VSL, von Huth Smith, L, et al. Confirmatory psychometric evaluations of the Impact of Weight on Quality of Life–Lite Clinical Trials Version (IWQOL-Lite-CT). Clinical Obesity. 2021 Jul 22:e12477. doi: 10.1111/cob.12477.

Mabey, J.G., **Kolotkin, R.L.**, Crosby, R.D., Crowell, S.E., Hunt, S.C., Davidson, L.E. Mediators of suicidality 12 years after bariatric surgery relative to a nonsurgery comparison group. Surgery for Obesity and Related Diseases, 2021, 17(1), 121-130.

Hegland, P.A., Aasprang, A., **Kolotkin**, R.L., Moltu, C., Tell, G.S., Andersen, J.R. A Novel Patient-Reported Outcome Monitoring with Clinical Feedback System in Bariatric Surgery Care – Study Protocol, Design and Plan for Evaluation. BMJ Open, 2020;10(6):e037685. doi:10.1136/bmjopen-2020-037685

Hegland, P.A., Aasprang, A., **Kolotkin**, R.L., Tell, G.S., Andersen, J.R. Overall Treatment Satisfaction 5 Years After Bariatric Surgery. Obesity Surgery, 2020; 30(1), 206-213.

Lorentzen, J., Medhus, A.W., Hertel, J.K., Borgeraas, H., Karlsen, T-I., **Kolotkin**, R.L., Sandbu, R., Sifrim, D., Svanevik, M., Hofsvø, D., Seip, B., Hjelmæsæth, J. Erosive Esophagitis and Symptoms of Gastroesophageal Reflux Disease in Patients with Morbid Obesity with and without Type 2 Diabetes: a Cross-sectional Study. Obesity Surgery, 2020, 30(7):2667-2675. <https://doi.org/10.1007/s11695-020-04545-w>

**Kolotkin**, R.L., Williams, V.S.L., Ervin, C.M., Williams, N., Meincke, H.H., Qin, S., von Huth Smith, L., Fehnel, S.E. Validation of a new measure of quality of life in obesity trials: Impact of Weight on Quality of Life-Lite Clinical Trials Version. Clinical Obesity, 2019; 9(3):e12310. doi: 10.1111/cob.12310. <https://doi.org/10.1111/cob.12310>

Fastenau, J., **Kolotkin**, R.L., Fujioka, K., Alba, M., Canovatchel, W., Traina, S. A call to action to inform patient-centred approaches to obesity management: Development of a disease-illness model. Clinical Obesity, 2019, 9(3):e12309. <https://doi.org/10.1111/cob.12309>

Flølo, T.N., Tell, G.S., **Kolotkin**, R.L., Aasprang, A., Norekvål, T.M., Våge, V., Hufthammer, K.O., Andersen, J.R. Changes in quality of life five years after sleeve gastrectomy: A prospective cohort study. BMJ Open, 2019 Sep 12;9(9):e031170. doi: 10.1136/bmjopen-2019-031170.

Look, M., **Kolotkin**, R.L., Dhurandhar, N.V., Nadglowski, J., Stevenin, B., Golden, A. Implications of differing attitudes and experiences between providers and persons with obesity: Results of the National ACTION Study. Postgraduate Medicine, 2019, DOI: 10.1080/00325481.2019.1620616.

Steffen, K.J., King, W.C., White, G.E., Subak, L.L., Mitchell, J.E., Courcoulas, A.P., Flum, D. R., Strain, G., Sarwer, D. B., **Kolotkin**, R.L., Pories, W.J., Huang, A. Changes in Sexual Functioning in Women and Men in the 5 Years After Bariatric Surgery. JAMA Surgery, 2019; 154(6):487-498.

Benestad, B., Karlsen, T-I, Småstuen, M.C., Lekhal, S., Hertel, J.K., Steinsbekk, S., **Kolotkin**, R.L., Ødegård, R.A., Hjelmæsæth, J. Health-related quality of life after camp-based family obesity treatment – an RCT- randomized controlled trial. BMJ Paediatrics Open, 2019, 3:e000413. doi: 10.1136/bmjpo-2018-000413.

Aasprang, A., Våge, V., Flølo TN, Hegland, P.A., **Kolotkin**, R.L., Natvig, G.K. Andersen, J.R. Patient-reported quality of life with obesity – development of a new measurement scale. Tidsskriftet Den Norske Legeforen, 2019. doi: 10.4045/tidsskr.18.0493

Borgeraas, H, Hjelmæsæth, J, Bäckhed, F, Birkeland, K, Fatima, F, Grimnes, JO, Halvorsen, E, Hertel, JK, Hillestad, TOW, Johnson L, Holst J, Karlsen, TI, **Kolotkin**, RL, Kvan, NP, Lindberg, M, Lorentzen, J, Løvdal Gulset H, Nordstrand, N, Sandbu, R, Seeberg, K, Seip, B, Svanevik, M, Valderhaug, T, Hofsvø, D. A single-centre, triple blinded, randomised, one year, parallel-group, superiority study to compare the effects of Roux-en-Y gastric bypass and sleeve gastrectomy on remission of type 2 diabetes and  $\beta$ -cell function in morbidly obese subjects. BMJ Open, 2019, Jun 4;9(6):e024573. doi: 10.1136/bmjopen-2018-024573.

Resaland, G.K., Aadland, E., Moe, V.F., **Kolotkin**, R.L., Anderssen, S.A. Andersen, J.R. Effects of a physical activity intervention on schoolchildren's health-related quality of life: The Active Smarter Kids (ASK) cluster-randomized controlled trial. Preventive Medicine Reports, 2019 Mar 1;13:1-4.

Flolo, T.N., Tell, G.S., **Kolotkin**, R.L., Aasprang, A., Norekvål, T.M., Vage, V., Andersen, J.R. Eating self-efficacy as predictor of long-term weight loss and obesity-specific quality of life after sleeve gastrectomy: A prospective cohort study. Surgery for Obesity and Related Diseases, 2019, 15(2), 161–167.

Dhurandhar NV, Kyle T, Stevenin B, Tomaszewski K. (**Kolotkin**, ACTION Study Steering Group collaborator). Predictors of weight loss outcomes in obesity care: results of the national ACTION study. BMC Public Health. 2019 Oct 30;19(1):1422. doi: 10.1186/s12889-019-7669-1.

**Kolotkin**, R.L., Kim, J., Davidson, L.E., Crosby, R.D., Hunt, S.C., Adams, T.D. 12-year Trajectory of Health-Related Quality of Life in Gastric Bypass Patients vs. Comparison Groups. Surgery for Obesity and Related Diseases, 2018; 14(9):1359-1365.

**Kolotkin**, R.L., Smolarz, B.G., Meincke, H.H., Fujioka, K. Improvements in health-related quality of life over 3 years with liraglutide 3.0 mg compared with placebo in participants with overweight or obesity. Clinical Obesity, 2018, 8(1), 1–10.

Svanevik, M., Risstad, H., Karlsen, T.I., Kristinsson, J.A., Småstuen, M.C., **Kolotkin**, R.L., Søvik, T.T., Sandbu, R., Mala, T., Hjelmæsæth, J. Patient-Reported Outcome Measures 2 Years After Standard and Distal Gastric Bypass—a Double-Blind Randomized Controlled Trial. Obesity Surgery, 2018; 28: 606-614.

Jinnett K, Kyle T, Parry T, Stevenin B, Ramasamy A. Insights into the Role of Employers Supporting Obesity Management in People with Obesity: Results of the National ACTION Study. (**Kolotkin**, ACTION Study Steering Group collaborator). Popul Health Manag. 2019 Aug;22(4):308-314. doi: 10.1089/pop.2018.0133. Epub 2018 Oct 31.

Hegland, PA, Aasprang, A, Øygaard, SH, Nordberg, S, **Kolotkin**, RL, Moltu, C, Tell, Grethe S, Andersen, JR. A review of systematic reviews on the effects of patient-reported outcome monitoring with clinical feedback systems on health-related quality of life — implications for a novel technology in obesity treatment. Clinical Obesity, 2018; 8(6):452-464.

**Kolotkin, R.L., Ervin, C.M., Meincke, H.H., Højbjerg L., Fehnel, S.E.** Development of a clinical trials version of the Impact of Weight on Quality of Life-Lite questionnaire (IWQOL-Lite Clinical Trials Version): Results from two qualitative studies. Clinical Obesity, 2017, October; 7(5): 290-299. doi: 10.1111/cob.12197.

**Kolotkin, R. L. and Andersen, J. R.** A systematic review of reviews: exploring the relationship between obesity, weight loss and health-related quality of life. Clinical Obesity, 2017, October 7(5): 273-289. doi:10.1111/cob.12203

Adams, T.D., Davidson, L.E., Litwin, S.E., Kim, J., **Kolotkin, R.L.**, Nazeem Nanjee, M., Gutierrez, J., Frogley, S.J., Ibele, A.R., Brinton, E.A., Hopkins, P.N., McKinlay, R., Simper, S.C., Hunt, S.C. Weight and metabolic outcomes 12 Years after gastric bypass. New England Journal of Medicine, 2017, 377:1143-55.

Kaplan LM, Golden A, Jinnett K, **Kolotkin RL**, Kyle TK, Look M, Nadglowski J, O'Neil PM, Parry T, Tomaszewski KJ, Stevenin B, Lilleøre SK, Dhurandhar NV. Perceptions of Barriers to Effective Obesity Care: Results from the National ACTION Study. Obesity (Silver Spring). 2018 Jan;26(1):61-69.

**Kolotkin, R.L., Crosby, R.D., Wang, Z-J.** Health-related quality of life in randomized controlled trials of lorcaserin for obesity management: what mediates improvement? Clinical Obesity, 2017, 7(6): 347–353.

Steffen, K.J., King, W.C., White, G.E., Subak, L.L., Mitchell, J.E., Courcoulas, A.P., Flum, D. R., Strain, G., Sarwer, D. B., **Kolotkin, R.L.**, Pories, W., Huang, A. Sexual functioning of men and women with severe obesity before bariatric surgery. Surgery for Obesity and Related Diseases, 2017: 13(2): 334-343.

Flølo, T.N., Andersen, J.R., **Kolotkin, R.L.**, Aasprang, A., Natvig, G.K., Hufthammer, K.O., Våge, V. Five-year outcomes after vertical sleeve gastrectomy for severe obesity. A prospective cohort study. Obesity Surgery, 2017, 27(8), 1944-1951.

Andersen, J.R., Natvig, G.K., Aadland, E., Moe, V.F., **Kolotkin, R.L.**, Anderssen, S.A., Resaland, G.K. Associations between health-related quality of life, cardiorespiratory fitness, muscle strength, physical activity and waist circumference in 10-year old children: The ASK study. Quality of Life Research, 2017, 26, (12), 3421–3428.

Mason TB, Crosby RD, **Kolotkin RL**, Grilo CM, Mitchell JE, Wonderlich SA, Crow SJ, Peterson CB. Correlates of weight-related quality of life among individuals with binge eating disorder before and after cognitive behavioral therapy. Eating Behavior. 2017 Dec;27:1-6. doi: 10.1016/j.eatbeh.2017.08.001. Epub 2017 Aug 18.

**Kolotkin, R.L., Fujioka, K., Wolden, M.L., Brett, J., Bjørner, J.B.** Improvements in health-related quality of life with liraglutide 3.0 mg compared with placebo in weight management. Clinical Obesity, 2016; 6(4), 233-242.

Aasprang, A., Andersen, J.R., Våge, V., **Kolotkin**, R.L., Natvig G.K. Ten-year Changes in health-related quality of life after biliopancreatic diversion with duodenal switch. Surgery for Obesity and Related Diseases, 2016; 12(8):1594-1600.

**Kolotkin**, R.L., Gadde, K.M., Peterson, C.A., Crosby, R.D. Health-related quality of life in two randomized controlled trials of phentermine/topiramate for obesity: What mediates improvement? Quality of Life Research, 2016; 25(5), 1237–1244.

**Kolotkin**, R.L. Chen, S., Klassen, P., Gilder, K., Greenway, F. Patient-reported quality of life in a randomized, placebo-controlled trial of naltrexone/bupropion for obesity. Clinical Obesity, 2015; 5(5): 237-44.

Aasprang, A., Andersen, J.R., Våge, V., **Kolotkin**, R.L., Natvig G.K. Psychosocial functioning before and after surgical treatment for morbid obesity: reliability and validation of the Norwegian version of obesity-related problems scale. Peer J, 2015, DOI: 107717/peerj.1275.

Yancy, W.S., Mayer, S.B., Coffman, C.J., Smith, V.A., **Kolotkin**, R.L., Geiselman, P.J., McVay, M., Oddone, E.Z., Voils, C.I. Effect of allowing choice of diet on weight loss. a randomized trial. Annals of Internal Medicine, 2015;162 (12):805-814.

Errickson, S., **Kolotkin**, R.L., Simmons Skidmore, M., Endress, G., Østbye, T., Crosby, R.D., Eisenson, H.J. Improvements in functional exercise capacity after a residential behavioural change, diet and fitness program for obese adults. Physiotherapy Research International, 17 MAR 2015, DOI: 10.1002/pri.1623.

Jepsen, R., Aadland, E., Robertson, L., **Kolotkin**, R.L., Andersen, J.R., Natvig, G.K. Physical activity and quality of life in severely obese adults during a two-year lifestyle intervention programme. Journal of Obesity, 2015 Jan 13. doi: 10.1155/2015/314194.

Andersen, J. R., Aasprang, A., Karlsen, T-I, Natvig, G.K., Våge, V., **Kolotkin**, R.L. Health-related quality of life after bariatric surgery: a systematic review of prospective long-term studies. Surgery for Obesity and Related Diseases, 2015, 11(2), 466–473.

McVay, M.A., Voils, C.I., Coffman, C.J., Geiselman, P.J., **Kolotkin**, R.L., Mayer, S.B., Smith, V.A., Gaillard, L., Turner, M., Yancy, W.S. Factors associated with choice of a low-fat or low-carbohydrate diet during a behavioral weight loss intervention. Appetite, 2014; 83:117-124.

Strain, G.W., **Kolotkin**, R.L., Dakin, G., Gagner, M., Inabnet, W., Saif, T., Christos, P., Crosby, R.D., Pomp, A. The effects of weight loss after bariatric surgery on health-related quality of life and depression. Nutrition and Diabetes, 2014; 4, e132; doi:10.1038/nutd.2014.29.

Aasprang, A., Andersen, J.R., Våge, V., **Kolotkin**, R.L., Natvig, G.K. Five-year changes in health-related quality of life after biliopancreatic diversion with duodenal switch. Obesity Surgery, 2013, 23(10):1662-8.

Yancy, W.S., Coffman, C.J., Geiselman, P.J., **Kolotkin**, R.L., Almirall, D., Oddone, E.Z., Mayer, S.B., Gaillard, L.A., Turner, M., Smith, V.A., Voils, C.I. Considering patient diet preference to optimize weight loss: design considerations of a randomized trial investigating the impact of choice. Contemporary Clinical Trials, 2013, 35(1), 106-116.

Adams, T.D., Davidson, L.E., Litwin, S.E., **Kolotkin**, R.L., Lamonte, M.J., Pendleton, R.C., Strong, M.B., Vinick, R., Wanner, N.A., Hopkins, P.N., Gress R.E., Walker, J.M., Cloward, T.V., Nuttall, R.T., Hammoud, A., Greenwood, J., Crosby, R.D., McKinlay, R., Simper, S.C., Smith, S.C., Hunt, S.C. Health benefits of gastric bypass surgery after six years. JAMA, 2012, 308(11), 1122-1131.

**Kolotkin**, R.L, Zunker, C., Østbye, T. Sexual Functioning and Obesity: A Review. Obesity, 2012, 20(12): 2325-33.

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**Kolotkin**, R.L., Davidson, L.E., Crosby, R.D., Hunt, S.C., Adams, T.D. Six-year changes in health-related quality of life in gastric bypass patients versus obese comparison groups. Surgery for obesity and related diseases, 2012, 8(5), 625-633.

Caixàs, A., Lecube, A., Morales, M.J., Calañas, A., Moreira, J., Cordido, F., Díaz, M.J., Masmiquel, L., Moreno, B., Vidal, J., Goday, A., Arrizabalaga, J.J., García-Luna, P.P., Iglesias, P., Burguera, B., Rubio, M.A., Monereo, S. (Group for the Study of Obesity of the Spanish Endocrinology and Nutrition Society [SEEN]), Crosby, R.D., **Kolotkin**, R.L. Weight-related quality of life in Spanish obese subjects suitable for bariatric surgery is lower than in their North American counterparts. A case-control study. Obesity Surgery, 2013, 23(4), 509-514.

Vieira, P.N., Palmeira, A.L., Mata, J., **Kolotkin**, R.L., Silva, M.N., Sardinha, L.B., Teixeira, P.J. Usefulness of standard BMI cut-offs for quality of life and psychological well-being in women. Obesity Facts, 2012, 5(6), 795-805.

Ranzenhofer, L.M., Columbo, K.M., Tanofsky-Kraff, M., Shomaker, L.B., Cassidy, O., Matheson, B., **Kolotkin**, R.L., Checchi, J.M., Keil, M., McDuffie, J.R., Yanovski, J.A. Binge eating and weight-related quality of life in obese adolescents. Nutrients, 2012, 4(3), 167-180.

Vasiljevic, N., Ralevic, S., **Kolotkin**, R.L., Marinkovic, J., Jorga, J. The relationship between weight loss and health-related quality of life in a Serbian population. European Eating Disorders Review, 2012, 20(2), 162–168.

**Kolotkin**, R.L., Lamonte, M.J., Walker, J.M., Cloward, T.V., Davidson, L.E., Crosby, R.D. Predicting sleep apnea in bariatric surgery patients. Surgery for obesity and related diseases, 2011, 7(5), 605-10.

Cox, T.L., Ard, J.D., Beasley, T.M., Fernandez, J.R., Howard, V.J., **Kolotkin**, R.L., Crosby, R.D., Affuso, O. Examining the association between body mass index and weight related quality of life in black and white women. Applied Research in Quality of Life, 2012, 7(3), 309-322.

Fezzi M, **Kolotkin** RL, Nedelcu M, Jaussent A, Schaub R, Chauvet MA, Cassafieres C, Lefebvre P, Renard E, Bringer J, Fabre JM, Nocca D.. Improvement in quality of life after laparoscopic sleeve gastrectomy. Obesity Surgery, 2011, 21(8), 1161-1167.

Nadeau, K., **Kolotkin**, R.L., Boex, R., Witten, T., McFann, K.K., Zeitler, P., Walders-Abramson, N. Health-related quality of life in adolescents with comorbidities related to obesity. Journal of Adolescent Health, 2011, 49(1), 90-92.

Østbye, T., **Kolotkin**, R.L., He, H., Overcash, F., Brouwer, R., Binks, M., Syrjala, K.L., Gadde, K.M. Sexual functioning among obese adults enrolling in a weight loss study. Journal of Sex & Marital Therapy, 2011, 37(3), 224-235.

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Hermansen, K., **Kolotkin**, R.L., Hammer, M., Zdravkovic, M., Matthews, D. Patient reported outcomes in patients with type 2 diabetes treated with liraglutide or glimepiride, both as add-on to metformin. Primary Care Diabetes, 2010, 4 (2), 113-117.

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Wouters, E.J.M., Geenen, R., **Kolotkin**, R.L., Vingerhoets, A.J.J.M. Met lichaamsgewicht samenhangende kwaliteit van leven bij adolescenten: psychometrische kwaliteit van de Nederlandse vertaling van de IWQOL-Kids. Tijdschrift voor Kindergeneeskunde, 2010, 78, 119-125.



de A. Mariano, M.H., **Kolotkin**, R.L., Petribú, K., de N. L. Ferreira, M., Dutra, R.F., Barros, M.V., Almeida, N.C., de L. Filho, L.E., Rabelo, P.J., Monteiro, V., da Silva, B.F. Psychometric evaluation of a Brazilian version of the Impact of Weight on Quality of Life (IWQOL-Lite) instrument. European Eating Disorders Review, 2010, 18(1), 58-66.

Wouters, E. M., Van Nunen, A.M. A., Geenen, R., **Kolotkin**, R.L., Vingerhoets, J.J.M. Effects of aquajogging in obese adults: a pilot study. Journal of Obesity, 2010. Published online 2009 August 20. doi: [10.1155/2010/231074](https://doi.org/10.1155/2010/231074).

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## CHAPTERS IN BOOKS

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Andersen, J.R., Karlsen, T.-I., **Kolotkin**, R.L. Obesity and its Impact upon Quality of Life. In G.E. Mullin, L.J. Cheskin, L.E Matarese (eds.), Integrative Weight Management, Springer Publishing, 2014.

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**Kolotkin**, R.L., Haaz, S., Fontaine, K.R. Assessment of health-related quality of life in obesity and eating disorders. In D.B. Allison and M.L. Baskin (eds.), Handbook of Assessment Methods for Eating Behaviors and Weight Related Problems, 2<sup>nd</sup> edition. Thousand Oaks, CA: Sage Publications, Inc., 2009.

**Kolotkin**, RL, Crosby, RD, Williams, GR. Quality of life: relationship to obesity. In G. Medeiros-Neto, A. Halpern, C. Bouchard (eds.), Progress in Obesity Research: 9. London: John Libbey & Co. Ltd, London, UK, 2002.

**Kolotkin**, R.L., Head, S.B., & Hamilton, M. Assessing impact of weight on quality of life. In T.B. Van Itallie & A.P. Simopoulos (eds.), Obesity: New Directions in Assessment & Management. Philadelphia: The Charles Press, 1995.

## BOOKS

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Hamilton, M.A., **Kolotkin**, R.L., Cogburn, D., and Moore, D.T. The Duke University Medical Center Book of Diet & Fitness, Fawcett Columbine, 1990.

## PRESENTATIONS

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Kolotkin, R.L. Quality of Life in Obesity and Bariatric Surgery. Invited speaker at Obesity & Chronic Diseases International Conference, Berlin, Germany, October 2019.

Kolotkin, R.L., Williams, V.S.L., Ervin, C.M., Williams, N., Meincke, H.H., Qin, S., von Huth Smith, L., Fehnel, S.E. Validation of a New Measure of Quality of Life in Obesity Trials: IWQOL-Lite Clinical Trials Version. Poster presentation at Obesity Week, November 11-15, 2018, Nashville, TN, United States.

Kolotkin, R.L. Obesity and quality of life. Obesity Research Days, Norwegian Association for the Study of Obesity, October, 2018, Bodø, Norway.

Kolotkin, R.L. Obesity and quality of life: Ask what matters, listen to what matters, do what matters. NORSE Conference, May, 2018, Åmot gard, Norway.

Kolotkin, R.L., Measuring Quality Of Life in Children and Adolescents with Overweight or Obesity - The State of the Art, Bergen Obesity Days, October, 2015, Bergen, Norway.

Kolotkin, R.L., Does weight loss improve long term health-related quality of life - bariatric surgery vs. intensive lifestyle intervention? 10 Year Anniversary Symposium for the Morbid Obesity Center, Vestfold Hospital Trust, Tønsberg, November, 2014 Larvik, Norway.

Kolotkin, R.L. Assessing the impact of obesity on quality of life, Symposium on Integrated Strategies for Weight Management (Astrup, A., Chair), International Congress on Obesity, Kuala Lumpur, Malaysia, March, 2014.

Kolotkin, R.L. Obesity and health-related quality of life, Obesity and Mental Health Conference, Toronto, Canada, June, 2012

Kolotkin, R.L. Obesity and health-related quality of life, Conference on Obesity and Quality of Life Outcomes, Balestrand, Norway, June, 2012

Kolotkin, R.L., Obesity and health-related quality of life, Alli Physician Meeting for Glaxo Smith Kline, Istanbul, Turkey, 2011

Kolotkin, R.L., Obesity and health-related quality of life, Conference on Obesity and Diabetes, Istanbul, Turkey, 2010

Kolotkin, R.L. Obesity and health-related quality of life in bariatric surgery, Department of Weight Loss Surgery Minimally Invasive Surgery Center, Yotsuya Medical Cube, Tokyo, Japan, 2009

Kolotkin, R.L. Obesity and health-related quality of life, Tokyo English Life Life (TELL), Tokyo, Japan, 2009

Kolotkin, R.L. Another Look at obesity and health-related quality of life, Queen Elizabeth Hospital, Bridgetown, Barbados, 2009

Kolotkin, R.L. Obesity and health-related quality of life, Queen Elizabeth Hospital, Bridgetown, Barbados, 2008

Kolotkin, R.L. Obesity and health-related quality of life, University of Auckland, Auckland, New Zealand, 2006

Kolotkin, R.L. Obesity and health-related quality of life, University of Otago, Dunedin, New Zealand, 2006

Kolotkin, R.L. Morbid obesity and quality of life, Continuing Medical Education, Mc Master University, Hamilton, Canada, 2005.

Kolotkin, R.L. Obesity, hunger, fullness, cravings, and weight loss expectations. Oxford Outcomes, London, UK, 2005.

Kolotkin, R.L. Obesity and health-related quality of life (HRQOL), Huddinge University Hospital, Stockholm, Sweden, 2003

Kolotkin, RL. Quality of Life: Relationship to obesity. Invited talk at the 9<sup>th</sup> International Congress on Obesity, Sao Paulo, Brazil, August, 2002.

## **PROFESSIONAL ORGANIZATIONS**

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The Obesity Society (Fellow)  
International Society for the Study of Quality of Life  
International Society for Pharmacoeconomics and Outcomes Research  
American Society for Metabolic and Bariatric Surgery  
American Psychological Association  
North Carolina Psychological Association

## **GRANTS**

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Consultant on R01 DK055006-06A1 (Steven C. Hunt, PI), NIDDK (Morbidty and Mortality Related to Gastric Bypass Surgery), 2000-2015

Consultant on Department of Veteran Affairs NCT01152359 (William S. Yancy, PI), (Considering Patient Diet Preferences to Optimize Weight Loss: Diet Choice), 2000-2014

## **NIH WORKING GROUPS**

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Longitudinal Assessment of Bariatric Surgery (LABS) Working Group on Quality of Life—December 2003-2005

Longitudinal Assessment of Bariatric Surgery (LABS) Working Group on Behavior—December 2003-2005

Longitudinal Assessment of Bariatric Surgery (LABS) Working Groups on Sexual Function—December 2011- 2018

## **JOURNAL REVIEW**

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JAMA, Obesity, Quality of Life Research, International Journal of Obesity, International Journal of Eating Disorders, Surgery for Obesity and Related Diseases, Obesity Surgery, Obesity Reviews, Clinical Obesity, Disease Management and Health Outcomes, Journal of Clinical Epidemiology, American Journal of Preventive Medicine, Journal of Consulting and Clinical Psychology, Current Medical Research & Opinion, The Journal of Pediatrics, Psychology of Addictive Behaviors, Medical Anthropology Quarterly, Journal of Psychosomatic Research, European Journal of Psychiatry, Journal of Women's Health, Journal of Sexual Medicine, Women's Health Issues, Journal of Obesity

## **EDITORIAL BOARD**

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Associate Editor, Obesity Surgery, 11/05-12/11.  
Editorial Board, Obesity Surgery, 12/04-11/05.

## **DOCTORAL DISSERTATION EXAMINER/COMMITTEE**

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January, 2020, served as committee member for doctoral dissertation at University of Bergen, Norway, on Long-term outcomes after vertical sleeve gastrectomy for severe obesity.

January, 2018, served as doctoral dissertation examiner at Deakin University, Geelong, Australia on Exercise, energy restriction, and psychosocial health for women with obesity.

January 2016, served as doctoral dissertation opponent at University of Copenhagen, Copenhagen, Denmark, on Psychological aspects of obesity and bariatric surgery: A prospective study of psychological factors among bariatric patients undergoing Roux-en-Y gastric bypass.

December 2003, served as doctoral dissertation opponent at University of Gothenburg, Gothenburg, Sweden, on Coping and personality in the obese. Results from the Swedish Obese Subjects Study.

## **CLINICAL ADVISOR**

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Foundation for Informed Medical Decision-Making, 2004-2016.